

Opening questions

How has God blessed you this week? (What went right?)

What problem has consumed your thoughts this week? (What went wrong?)

Spiritual Questions

Have you read God's Word daily? (How long? Why not? Will you next week?)

Describe your prayers? (for yourself, others, praise confession, gratitude)

How is your relationship with Christ changing?

How have you been tempted this week? How did you respond?

Do you have any unconfessed sin in your life?

Are you walking by the Holy Spirit?

Did you worship in church this week? (Was your faith in Christ strengthened? Was God glorified and honored?)

Have you shared your faith? In what ways? How can you improve?

Home Life

How is it going with your wife? (attitudes, time, irritations, disappointments, progress, her relationship with Christ)

How is it going with the children? (quantity and quality time, values and beliefs, education, spiritual welfare)

How are your finances doing? (debt, sharing, saving, stewardship)

How have you invested your time around the house?

Work Life

How are things going on the job? (career progress, relationships, temptations, work load, stress, problems, working too much)

Critical concerns

Do you feel in the center of God's will? Do you sense His peace?

What are you wrestling with in your thought life?

What have you done for someone else this week? (encouragement, service, etc.)

Are your priorities in the right order?

Is your moral and ethical behavior what it should be?

How are you doing in your personal high-risk area?

Is the "visible" you and the "real" you consistent?

Prayer

Close the one-hour accountability time with ten to fifteen minutes of prayer. Focus on concerns of the week.

Source

Man in the Mirror



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cheatography.com/yombo/
uhri.com/

Published 4th March, 2015.
Last updated 25th July, 2016.
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