

### 1. Check Your Beliefs

- ☐ God is love
- ☐ God knows you
- ☐ God can be trusted
- ☐ God wants you to know His will
- ☐ God is not a coke machine

### 2. Check the Book

- ☐ Pair up
- ☐ Pray over what you read

### 3. Check in with God

- ☐ To engage you must disengage
- ☐ Submit your requests
- ☐ Exalt His will over your will
- ☐ Pray expectantly

### 4. Use your head

- ☐ Investigate the facts
- ☐ Open your mind to the possibilities
- ☐ Clarify your motives
- ☐ Correctly estimate the size of your brain
- ☐ Adjust your viewpoint

### 5. Use your heart

- ☐ Examine your feelings
- ☐ Express your love to God
- ☐ Extend your love to others
- ☐ Exchange happiness for joy

### 6. Use your mouth

- ☐ Engage in community
- ☐ Examine your motivation
- ☐ Expectations of Godly Advice
  - ☐ Address an area of denial
  - ☐ Determine motives
  - ☐ Verify resolve
  - ☐ Introduce new angles
  - ☐ Consult Scripture
  - ☐ Envision the future
- ☐ Beware of exit wounds
  - ☐ Pleasers
  - ☐ Historians
  - ☐ Perfectionists

### 7. Use your eyes and ears

- ☐ Look and listen with anticipation
- ☐ Look back
- ☐ Look and listen for coincidences

### 8. Use your seat before your hands and feet

- ☐ Abstain from activity until you know
- ☐ Act on what you know
- ☐ Attack fear
- ☐ Avoid the misconception that you can handle everything on your own

### 9. Use your will to persevere when

- ☐ Pain is involved
- ☐ Life is hard
- ☐ Purpose is unknown
- ☐ God is silent
- ☐ Reward is delayed

### Link to the book

[Buy the book](#)



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