

Objectives of First Aid <ol style="list-style-type: none"> 1. Save Lives 2. Prevent Further Injury 3. Prevent Infection 	Methods of Controlling Bleeding <ol style="list-style-type: none"> 1. Direct Pressure 2. Pressure Points 3. Tourniquet 	Pressure Points <ul style="list-style-type: none"> Ankle Pelvis Wrist Below Bicep Base of Neck Jaw Line Temple Inner Elbow Inner Thigh Behind the Knee 	What is Shock? <p>A Disruption of the Circulatory Process</p>
Symptoms of Shock <ul style="list-style-type: none"> Vacant or Lackluster Eyes Shallow or Irregular Breathing Cold Pale Skin Weak or Absent Pulse Nausea 	Electrical Shock Rescue <ul style="list-style-type: none"> Shut Off Power Remove Victim Immediately Administer CPR Account for Fractures/Spinal Injuries 		Treatment for Shock <ul style="list-style-type: none"> Lay Victim Down Feet Elevated 6" to 12" Maintain Body Heat Reassure and Calm Victim
Electrical Shock Treatment <ul style="list-style-type: none"> Keep Warm; Do Not Overheat Keep Head Lower than Feet 	What is HAZMAT <p>Any chemical, physical, biological agent that can cause harm</p>	Temperature Injuries <ul style="list-style-type: none"> Frostbite Hyperthermia Heat Exhaustion Heat Stress Heat Stroke 	Methods to Clear Obstructed Airway <ul style="list-style-type: none"> Standing Abdominal Thrust Reclining Abdominal Thrust Standing Chest Thrust Reclining Chest Thrust
Storing HAZMAT <ul style="list-style-type: none"> Acids Separately from Bases Oxidizers Away from Flammables & Combustibles Compressed Gases Separately from other HAZMAT Powders Above Wet materials 	Contents of the MSDS <p>Identity, Ingredients, Emergency Procedures for Exposure, Date of MSDS, Physical and Chemical Make-up, Reactivity, Health Hazards, Precautions for Safe Use, Control Measures, Routes of Entry into the Body, Contact Info of Responsible Party</p>	PPE <p>Respirators, Hand Protection, Foot Protection, Eye Protection, Face Protection, Skin/Body Protection, Hearing Protection</p>	Improperly Stored HAZMAT <ul style="list-style-type: none"> Prolonged Periods of Solvents Contacting Combustibles Liquids above Dry materials Mixing HAZMAT Leaky Containers Improper Labeling



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