

## **EIDWS - FIRST AID Cheat Sheet**

by weatherman22 via cheatography.com/20977/cs/3824/

Objectives of First Aid	Methods of Controlling Bleeding	Pressure Points	What is Shock?
1. Save Lives	1. Direct Pressure	Ankle	A Disruption of the Circulatory
2. Prevent Further Injury	2. Pressure Points	Pelvis	Process
3. Prevent Infection	3. Tourniquet	Wrist	Treatment for Shock
		Below Bicep	
Symptoms of Shock	Electrical Shock Rescue	Base of Neck	Lay Victim Down
Vacant or Lackluster Eyes	Shut Off Power	Jaw Line	Feet Elevated 6" to 12"
Shallow or Irregular Breathing	Remove Victim Immediately	Temple	Maintain Body Heat
Cold Pale Skin	Administer CPR	Inner Elbow	Reassure and Calm Victim
Weak or Absent Pulse	Account for Fractures/Spinal	Inner Thigh	Methods to Clear Obstructed
Nausea	Injuries	Behind the Knee	Airway
Electrical Shock Treatment	What is HAZMAT		Standing Abdominal Thrust
	Any chemical, physical, biological	Temperature Injuries	Reclining Abdominal Thrust
Keep Warm; Do Not Overheat	agent that can cause harm	Frostbite	Standing Chest Thrust
Keep Head Lower than Feet		Hyperthermia	Reclining Chest Thrust
Storing HAZMAT	Contents of the MSDS	Heat Exhaustion	
	Identity, Ingredients, Emergency	Heat Stress	Improperly Stored HAZMAT
Acids Seperately from Bases	Procedures for Exposure, Date of	Heat Stroke	Prolonged Periods of Solvents
Oxidizers Away from Flammables & Combustibles	MSDS, Physical and Chemical Make-up, Reactivity, Health		Contacting Combustibles
Compressed Gases Seperately	Hazards, Precautions for Safe	PPE	Liquids above Dry materials
from other HAZMAT	Use, Control Measures, Routes of	Respirators, Hand Protection, Foot	Mixing HAZMAT
Powders Above Wet materials	Entry into the Body, Contact Info of	Protection, Eye Protection, Face Protection, Skin/Body Protection,	Leaky Containers
	Responsible Party	Hearing Protection	Improper Labeling

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