

Objectives of First Aid 1. Save Lives 2. Prevent Further Injury 3. Prevent Infection	Methods of Controlling Bleeding 1. Direct Pressure 2. Pressure Points 3. Tourniquet	Pressure Points Ankle Pelvis Wrist Below Bicep Base of Neck Jaw Line Temple Inner Elbow Inner Thigh Behind the Knee	What is Shock? A Disruption of the Circulatory Process
Symptoms of Shock Vacant or Lackluster Eyes Shallow or Irregular Breathing Cold Pale Skin Weak or Absent Pulse Nausea	Electrical Shock Rescue Shut Off Power Remove Victim Immediately Administer CPR Account for Fractures/Spinal Injuries		Treatment for Shock Lay Victim Down Feet Elevated 6" to 12" Maintain Body Heat Reassure and Calm Victim
Electrical Shock Treatment Keep Warm; Do Not Overheat Keep Head Lower than Feet	What is HAZMAT Any chemical, physical, biological agent that can cause harm	Temperature Injuries Frostbite Hyperthermia Heat Exhaustion Heat Stress Heat Stroke	Methods to Clear Obstructed Airway Standing Abdominal Thrust Reclining Abdominal Thrust Standing Chest Thrust Reclining Chest Thrust
Storing HAZMAT Acids Separately from Bases Oxidizers Away from Flammables & Combustibles Compressed Gases Separately from other HAZMAT Powders Above Wet materials	Contents of the MSDS Identity, Ingredients, Emergency Procedures for Exposure, Date of MSDS, Physical and Chemical Make-up, Reactivity, Health Hazards, Precautions for Safe Use, Control Measures, Routes of Entry into the Body, Contact Info of Responsible Party	PPE Respirators, Hand Protection, Foot Protection, Eye Protection, Face Protection, Skin/Body Protection, Hearing Protection	Improperly Stored HAZMAT Prolonged Periods of Solvents Contacting Combustibles Liquids above Dry materials Mixing HAZMAT Leaky Containers Improper Labeling



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