Calm

Minimal rate of precursor behaviors

No triggers present

Daily schedule/routine in place

Strategies to Use

Provide enriched environment

Follow daily schedule routine, antecedent strategies and skill acquizition programs

Triggers (Antecedents)

Demands	Removal	Denial
Activities of daily living (teeth brushing, eating, showering). Includes requests to finish started task or activity	Removal of preferred item item/activity while M is engaging in perseverations	Denial of vocal perseveration responses

Triggers include attempt to physically prompt M during non-preferred tasks and/or during non-compliance with instructions

Strategies to Use

1. Limit access to triggering activity with an advance notice

2. Offer choice of another prefered activity/item and redirect or refer to visual schedule and redirect

3. Follow through on demands (modify response effort)

Behaviors

Agitation	Acceleration	Peak
Vocal Perseverations	High pitch sound (higher rate)	Severe SIB
Physiological and/or psychological processes	Moderate SIB	Severe Aggression
Mild SIB	Moderate aggression	Gum picking
High pitch sound		Toe flicking
Head flicks		OCD behaviors

Internal Private Events

Video and/or book perseverations

In MS body that cannot be observed (anxiety, excitement, pain etc)

Strategies to Use

Antecedent Strategies	Consequence (Response) Strategies
1. Predictible visual schedule	1. Functional Communication (prompt and honor appropriate requests for break, more time etc)

Strategies to Use (cont)

2. Organzation of environment (different locations - defferent activities	2. Behavior Momentum (attention building prompts to engage in high probability motor and verbal responses
3. Planned access to preferred environment (bed, videos)	3. Redirection to another activity

4. Non-contingent sensory stimulation

In Peak behaviors refer to Protocols

De-escalation and Recovery

De-escalation	Recovery
M ceased exhibiting Peak behaviors, but continues to exhibit Aggitation and Acceleration behaviors	Has not exhibited behaviors for 5 minutes

Strategies to Use

De-escalation	Recovery
refer to Aggitation and Acceleration strategies	Recreate Calm environment
Provide social praise for calm behaviors	Resume daily activities

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