

Calm
Minimal rate of precursor behaviors
No triggers present
Daily schedule/routine in place

Strategies to Use
Provide enriched environment
Follow daily schedule routine, antecedent strategies and skill acquisition programs

Triggers (Antecedents)			
Demands	Removal	Denial	Internal Private Events
Activities of daily living (teeth brushing, eating, showering). Includes requests to finish task or activity	Removal of preferred item/activity while M is engaging in perseverations	Denial of vocal perseveration responses	Physiological and/or psychological processes in M's body that cannot be observed (anxiety, excitement, pain etc)

Triggers include attempt to physically prompt M during non-preferred tasks and/or during non-compliance with instructions

Strategies to Use
1. Limit access to triggering activity with an advance notice
2. Offer choice of another preferred activity/item and redirect or refer to visual schedule and redirect
3. Follow through on demands (modify response effort)

Behaviors		
Agitation	Acceleration	Peak
Vocal Perseverations	High pitch sound (higher rate)	Severe SIB
Video and book perseverations	Moderate SIB	Severe Aggression
Mild SIB	Moderate aggression	Gum picking
High pitch sound		Toe flicking
Head flicks		OCD behaviors

Strategies to Use	
Antecedent Strategies	Consequence (Response) Strategies
1. Predictable visual schedule	1. Functional Communication (prompt and honor appropriate requests for break, more time etc)
2. Organization of environment (different locations - different activities)	2. Behavior Momentum (attention building prompts to engage in high probability motor and verbal responses)
3. Planned access to preferred environment (bed, videos)	3. Redirection to another activity

Strategies to Use (cont)	
4. Non-contingent sensory stimulation	
In Peak behaviors refer to Protocols	
De-escalation and Recovery	
De-escalation	Recovery
M ceased exhibiting behaviors, but continues to exhibit	Has not exhibited behaviors for 5 minutes
Agitation and Acceleration behaviors	

Strategies to Use	
De-escalation	Recovery
refer to Agitation and Acceleration strategies	Recreate Calm environment
Provide social praise for calm behaviors	Resume daily activities

