

Calm

M engages appropriately in the environment:

1. Minimal rate of precursor behaviors (low rates of head flicks, high pitch vocalizations, pacing)
2. No triggers are present
3. Daily schedule/routine is in place

Triggers (Antecedents)

Demands	Removal	Denial	Internal Private Events
Activities of daily living (teeth brushing, eating, showering). Including requests to finish tasks or procedures	Removal of preferred activities while M engages in perseveration	Denial of vocal perseveration responses	Physiological and/or psychological processes that take place in M's body and cannot be observed (excitement, anxiety, pain etc)

Strategies to use

Response Strategies

1. Limit access to triggering activities with advance notice
2. Functional Communication (prompt and honor requests for break, more time etc)

Strategies to use (cont)

3. Offer choice of another preferred activity and redirect (refer to visual schedule if necessary)
4. Follow through on demands (modify response effort)

Behaviors

Agitation	Acceleration	Peak
Vocal Perseverations	High pitch sound (higher rate)	Severe SIB
Video and book perseverations	Moderate SIB	Severe aggression
Mild SIB	Moderate aggression	Gum picking
High pitch sound		OCD behaviors
Head Flicks		Toe flicking

Antecedent Strategies

1. Predictable visual schedule
2. Offer options and choices
3. Planned access to preferred activities (bed, videos)
4. Organize environment in a predictable way

Consequence (Response) strategies:

1. Functional Communication: prompt to request appropriately for break, more time etc)
2. Attention building: requests to engage in high probability motor and verbal responses)
3. Redirect to another activity, location (prompt incompatible behavior)