

### Behavior Protocols Cheat Sheet by ule4ko via cheatography.com/120996/cs/21980/

#### Calm

# M engages appropriately in the environment:

- 1. Minimal rate of precursor behaviors (low rates of head flicks, high pitch vocalizations, pacing)
- 2. No triggers are present
- 3. Daily schedule/routine is in place

## Strategies to use (cont)

- Offer choice of another preferred activity and redirect (refer to visual schedule if neccessary)
- Follow through on demands (modify response effort)

#### Triagara (Antagadanta)

Triggers (Antecedents)			
Demands	Removal	Denial	
Activities of	Removal	Denial of	
daily living	of	vocal	
(teeth	preferred	persev-	
brushing,	activities	aration	
eating,	while M	responses	
shower-	engages		
ing).	in		
Including	persev-		
requests to	aration		
finish tasks			
or			
procedures			

#### Behaviors

	Agitation	Accele- ration	Peak
	Vocal Internal Persev- Private arations Events	High pitch sound (higher rate)	Severe SIB
S	Physio- Video logical and and/or book psycho- persev- logical arations processe	Moderate SIB	Severe aggression
	Mild SIB that take		Gum picking
	Hight's body pitalad souadnot b		OCD behaviors
	Healoserved	I	Toe flicking

#### Strategies to use

#### Response Strategies

- 1. Limit access to triggering activities with advance notice
- 2. Functional Communication (prompt and honor requests for break, more time etc)

#### ement, Antecedent Strategies

- anxiety, 1. Predictable visual schedule
- 2. Offer options and choices
- 3. Planed access to preferred activities (bed, videos)
- 4. Organize environment in a predictable way

## Consequence (Response)

#### strategies:

- Functional Communication: prompt to request appropriately for break, more time etc)
- Attention building: requests to engage in high probability motor and verbal responses)
- 3. Redirect to another activity, location (prompt incompatible behavior)

