## Calm

**M engages appropriately in the environment:**

1. Minimal rate of precursor behaviors (low rates of head flicks, high pitch vocalizations, pacing)
2. No triggers are present
3. Daily schedule/routine is in place

## Triggers (Antecedents)

| Demands | Removal | Denial |
|---|---|---|
| Activities of daily living (teeth brushing, eating, shower-ing). Including requests to finish tasks or procedures | Removal of preferred activities while M engages in persev-eration | Denial of vocal persev-eration responses |

## Strategies to use

Response Strategies

1. Limit access to triggering activities with advance notice
2. Functional Communication (prompt and honor requests for break, more time etc)

## Strategies to use (cont)

3. Offer choice of another preferred activity and redirect (refer to visual schedule if neccessary)
4. Follow through on demands (modify response effort)

## Behaviors

| Agitation | Accele-ration | Peak |
|---|---|---|
| Vocal Persev-arations | High pitch sound (higher rate) | Severe SIB |
| Video and book persev-arations | Moderate SIB | Severe aggression |
| Mild SIB | Moderate aggression | Gum picking |
| High pitch sound | | OCD behaviors |
| Head Flicks | | Toe flicking |

**Internal Private Events**

Physio-logical and/or psycho-logical processes that take place in M's body and cannot be observed (excit-ement, anxiety, pain etc)

**Antecedent Strategies**

1. Predictable visual schedule
2. Offer options and choices
3. Planed access to preferred activities (bed, videos)
4. Organize environment in a predictable way

**Consequence (Response) strategies:**

1. Functional Communication: prompt to request appropriately for break, more time etc)
2. Attention building: requests to engage in high probability motor and verbal responses)
3. Redirect to another activity, location (prompt incompatible behavior)



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