

Calm

M engages appropriately in the environment:

1. Minimal rate of precursor behaviors (low rates of head flicks, high pitch vocalizations, pacing)
2. No triggers are present
3. Daily schedule/routine is in place

Triggers (Antecedents)

| Demands | Removal | Denial | Internal Private Events |
|--|--|---|---|
| Activities of daily living (teeth brushing, eating, showering). Including requests to finish tasks or procedures | Removal of preferred activities while M engages in perseveration | Denial of vocal perseveration responses | Physiological and/or psychological processes that take place in M's body and cannot be observed (excitement, anxiety, pain etc) |

Strategies to use

Response Strategies

1. Limit access to triggering activities with advance notice
2. Functional Communication (prompt and honor requests for break, more time etc)

Strategies to use (cont)

3. Offer choice of another preferred activity and redirect (refer to visual schedule if necessary)
4. Follow through on demands (modify response effort)

Behaviors

| Agitation | Acceleration | Peak |
|-------------------------------|--------------------------------|-------------------|
| Vocal Perseverations | High pitch sound (higher rate) | Severe SIB |
| Video and book perseverations | Moderate SIB | Severe aggression |
| Mild SIB | Moderate aggression | Gum picking |
| High pitch sound | | OCD behaviors |
| Head Flicks | | Toe flicking |

Antecedent Strategies

1. Predictable visual schedule
2. Offer options and choices
3. Planned access to preferred activities (bed, videos)
4. Organize environment in a predictable way

Consequence (Response) strategies:

1. Functional Communication: prompt to request appropriately for break, more time etc)
2. Attention building: requests to engage in high probability motor and verbal responses)
3. Redirect to another activity, location (prompt incompatible behavior)