

### work

**work conditioning** focus on restoring musculoskeletal and cardiovascular systems, as well as safely performing work tasks. This is typically achieved through work simulation and individualized interventions to improve physical capacity.

**work hardening** multidisciplinary and can involve psychomedical counseling, ergonomic evaluation, job coaching, and/or transitional work services. Persons in work-hardening programs may progress to transitional work programming by actually performing job duties at their place of employment. If necessary, final adaptations and/or reasonable accommodations can be determined during this period of transition.

**functional capacity evaluation** The occupational therapist uses standardized and validated advanced testing in order to (a) determine safe job matches for return to work; (b) determine the level of reasonable accommodations necessary for reinstating an injured worker; and (c) make recommendations regarding future interventions. The results of the FCE may be used by the physician to make a disability rating for insurance purposes.

**transitional work programs** The occupational therapist works with the employer to identify environmental and task modifications that will support work performance, and makes detailed recommendations to the treating physician, who releases the individual to modified work within these parameters. Work performance is closely monitored and discussed among the occupational therapist, employer, and individual, and modifications change as the worker develops more skills.

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### employment settings

prevocational training	-Prepares the client for placement in a mainstream competitive employment -Funded by a government agency -Often addresses independent living skills in addition to vocational skills.	Adults, usually age 21 and older
transitional employment	Client is placed with a community based employer on a temporary basis to learn additional work skills and/or refine skills already learned.	Adolescents and adults age 17 and older
supported employment	Client obtains employment with assistance and works with support from a community agency until able to work independently. -Funded by the government	Adults age 18 and older

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