

Damage Health

Ectoplasm

Falmer ear

Imp Stool

Nirnroot

Red mountain flower

Skeever tail

Troll fat

Damage Magika

Bear claws

Chaurus eggs

Glow dust

Hagraven feathers

Damage Stamina

Bone meal

Canis root

Juniper berries

Nirnroot

Damage Magika Regen

Bear claws

Blue mountain flower

Eye of sabre cat

Glow dust

Spider egg

Damage Stamina Regen

Blisterwort

Frost mirriam

Juniper berries

Large antlers

Skeever tail

Wheat

Fortify Conjuration

Blue mountain flower

Bone meal

Lavender

Fortify Health

Bear claws

Blue mountain flower

Fortify Heavy Armour

Thistle branch

White cap

Fortify Light Armour

Skeever tail

Fortify Marksman

Canis root

Fortify Restoration

Salt pile

Fortify Stamina

Garlic

Large antlers

Lavender

Fortify Two Handed

Fly amanita

Troll fat



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