

Diagnostic Tests

Arthrogram

Myelogram

Computed Tomography

Magnetic Resonance Imaging

Bone Scan

Ultrasound

Arthrocentesis

Arthroscopy

Biopsy

Electromyelogram

Planning and Implementation

Preventing Disorders of Immobility Increased risk for skin breakdown, contractures, constipation, and thromboembolism. Physical therapy helps regain mobility.

Providing Comfortable Positioning and Proper Alignment Turn clients frequently. Encourage independent movement as much as possible.

Providing Skin Care Maintain skin integrity. Minimize use of soap, use lotion, and reduce friction. Document CMS.

Providing Adequate Nutrition High protein diet

Providing Activity and Exercise Exercise unaffected body parts as much as possible.



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