

Introduction to Epidemiology Chapter 4 Cheat Sheet by tm12345678 via cheatography.com/215873/cs/47061/

Terminolo	gy	
Chronic disease epidem- iology	Study of the distribution and determinants of chronic diseases and conditions in human populations and the application of this study to prevent and control these diseases and conditions.	
Latency period.	The time from exposure to clinical signs of a chronic disease.	
Multif- actorial etiology	Disease with multiple cause factors.	
Enviro- nment	Physical, chemical, biological, and social factors that can influence the health status of people.	
Physical stresses	Factors that influence health and health-related behaviors include excessive heat, cold, and noise; radiation (electromagnetic, ultrasound, microwave, x-irradiation); vehicular collisions; workplace injuries; climate change; ozone depletion; housing; and so on.	
lonizing radiation	High-energy radiation capable of breaking chemical bonds in atoms and molecules. Therefore causes cancer.	
Toxico- kinetics	Area of study on how a chemical substance enters the body and the course it takes while in the body.	
Malnut- rition	Occurs in people experiencing either undernutrition or overnutrition.	
Undern- utrition	A consequence of consuming too few essential vitamins, minerals, and other nutrients or excreting them faster than they can be replenished.	
Overnu- trition	A form of malnutrition in which there is an excessive intake of nutrients.	

Terminology (Terminology (cont)		
Disability	The diminished capacity to perform within a prescribed range.		
Impairment	Any loss or abnormality of psychological, physiologic, or anatomic structure or function.		
Activity limitation	Involves difficulty an individual may have in executing activities.		
Participation restriction	Any problem individuals may experience in their involvement in life situations.		

Priorities in Disease Prevention and Contro

Which disease, disorder, or condition has the greatest impact on illness, disability, injury, lost work time or school time, unnecessary use of health resources, rehabilitation costs, family disruption, economics, and costs?

Are special populations or groups of people suffering from exposures to diseases, agents, risk factors, or hazards?

Which susceptible populations are most likely to respond to prevention, intervention, and control measures?

Which risk factors, diseases, agents, or hazards are most likely to respond to control measures?

Are there diseases, disabilities, injuries, disorders, or conditions that need to be investigated, that are being overlooked, or that are not being responded to by other organizations or agencies?

Of the many risk factors, diseases, agents, or hazards, which would yield the greatest improved health status, social impact, and economic benefit to the target population?

Priorities in Disease Prevention and Control

Which disease, disorder, or condition has the greatest impact on illness, disability, injury, lost work time or school time, unnecessary use of health resources, rehabilitation costs, family disruption, economics, and costs?disability, injury, lost work time or school time, unnecessary use of health resources, rehabilitation costs, family disruption, economics, and costs?

Are special populations or groups of people suffering from exposures to diseases, agents, risk factors, or hazards?

Which susceptible populations are most likely to respond to prevention, intervention, and control measures?

Which risk factors, diseases, agents, or hazards are most likely to respond to control measures?



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Priorities in Disease Prevention and Control (cont)

Are there diseases, disabilities, injuries, disorders, or conditions that need to be investigated, that are being overlooked, or that are not being responded to by other organizations or agencies?

Of the many risk factors, diseases, agents, or hazards, which would yield the greatest improved health status, social impact, and economic benefit to the target population?

Of the many risk factors, diseases, agents, or hazards, which are of national, regional, state, or local concern and of major priority for an epidemiological investigation?

Priorities in Disease Prevention and Control

Which disease, disorder, or condition has the greatest impact on illness, disability, injury, lost work time or school time, unnecessary use of health resources, rehabilitation costs, family disruption, economics, and costs?disability, injury, lost work time or school time, unnecessary use of health resources, rehabilitation costs, family disruption, economics, and costs?

Are special populations or groups of people suffering from exposures to diseases, agents, risk factors, or hazards?

Which susceptible populations are most likely to respond to prevention, intervention, and control measures?

Which risk factors, diseases, agents, or hazards are most likely to respond to control measures?

Are there diseases, disabilities, injuries, disorders, or conditions that need to be investigated, that are being overlooked, or that are not being responded to by other organizations or agencies?

Of the many risk factors, diseases, agents, or hazards, which would yield the greatest improved health status, social impact, and economic benefit to the target population?

Of the many risk factors, diseases, agents, or hazards, which are of national, regional, state, or local concern and of major priority for an epidemiological investigation?

Process of Toxicokinetics Absorption Entrance of the substance into the body

Absorption	Entrance of the substance into the body.
Distri-	Movement of the substance from where it enters the
bution	body to other sites in the body, such as the liver, blood
	and lymph circulation, kidney, and lungs.
Biotransf- ormation	Transformation produced by the body of the substance into new chemicals.
Excretion	Ejection of the substance or metabolites from the body.

Health Belief Model

Concept	Definition	Application
Perceived susceptibility	One's opinion of chances of getting a condition	Application Define population(s) at risk, risk levels; personalize risk based on a person's features or behavior; heighten perceived susceptibility if too low
Perceived severity	One's opinion of how serious a condition and its consequences are	Specify consequences of the risk and the condition
Perceived benefits	One's belief in the efficacy of the advised action to reduce risk or seriousness of impact	Define action to take; how, where, when; clarify the positive effects to be expected
Perceived barriers	One's opinion of the tangible and psychological costs of the advised action	Identify and reduce barriers through reassurance, incentives, assistance
Cues to action	Strategies to activate "readiness"	Provide how-to information, promote awareness, reminders
Self-efficacy	Confidence in one's ability to take action	Provide training, guidance in performing action

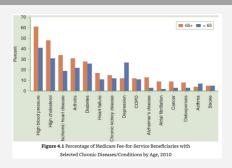
Viruses and Cancer

TABLE 4.4	Viruses and Cancer			
Virus		Type of Cancer		
Epstein-Barr virus		Burkitt's lymphoma		
Human papillomavirus (HPV)		Cancers of the cervix, anus, vagina, vulva, penis, oropharynx		
Hepatitis B and C viruses		Liver cancer		
Human T-cell lymphotropic virus		Adult T-cell leukemia		
Kaposi's sarcoma-associated Herpes virus		Kaposi's sarcoma		

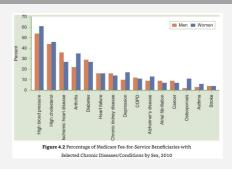
Workplace Carcinogens Examples

TABLE 4.3 Selected C	arcinogens in the Workplace	ce	
Carcinogen	Occupation	Type of Cancer	
Aromatic amines, solvents	Rubber industry	Bladder, leukemia, stomach, lung, skin, colon, lymphoma	
Asbestos	Construction workers	Lung, larynx, gastrointestinal tract	
Benzene	Boot and shoe manufacture and repair	Leukemia, lymphoma	
Nickel	Nickel refining	Lung, nasal sinuses	
Radon	Underground mining	Lung	
Soot, tars, oils	Coal, gas, petroleum workers	Skin, lung, bladder	
Vinyl chloride	Rubber workers, polyvinyl chloride manufacturing	Liver	
Wood dust	Furniture manufacturing	Nasal cavity	

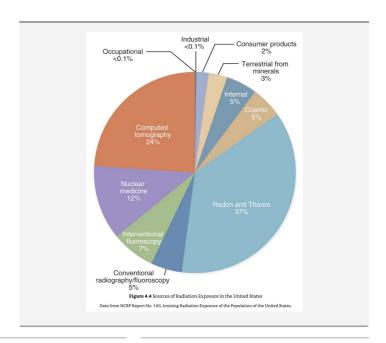
Medicare Chronic Disease Services by Age



Medicare Chronic Disease Services by Sex



Sources of Radiation Exposure in the U.S.



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