

Human Factors and Ergonomics Cheat Sheet by steph45607 via cheatography.com/97180/cs/20862/

Anthropome	trics
Human Factor	The combination of ergonomics and anthropometrics.
Aims of Human Factors	Reduce stress, increase safety, increase ease of use, enhance operational comfort, improve system performance, reliability, maintanance, reduce error
Ergonomics	The application of scientific information that concerns about the relationship of human to the design of objects, system, and environments.
Physical Ergonomics	Related to work subject of posture, worksite development, operating layout, material handling. Deals with body measurements. Size, strength, physical capacity.
Cognitive Ergonomics	Concern with mental process such as perception, memory, reasoning. Also concerns about motor resonse, like the affect of the interactions among human an other elements of a system.
Organisat- ional Ergonn- omics	Concerns about communication, work design, shift, crew source, teamwork, virtual organization, telework, quality management. Interactions among humans with other humans.
Anthropometr	ric Data

Psychological Factors	
Physiological Factors	

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Page 1 of 1.

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