Gestational DM Cheat Sheet

by ssz44f via cheatography.com/34643/cs/13629/

RISK FACTORS

- Obesity
- HTN
- Glycosuria
- Less than 25 y.o.
- Family hx of DM
- Previous delivery of large or stillborn infant

INCREASED RISKS TO FETUS

- SPONTANEOUS ABORTION r/t poor glycemic control
- INFECTIONS (urinary & vaginal) r/t increased glucose in urine and decreased resistance ibc of altered carbohydrate metabolism
- HYDRAMNIOS - can cause PROM, overdistention of the uterus, PTL, hemorrhage
- KETOACIDOSIS from diabetogenic effect of pregnancy (increased resistance to insulin), untreated HYPERglycemia, or inappropriate insulin dosing
- HYPOGLYCEMIA caused by overdosing insulin,, skipping meals/eating late meals, increased exercise
- HYERGLYCEMIA can cause excessive fetal growth (macrosomia)

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