Cheatography

Beta-Adrenergic Blockers Cheat Sheet by ssz44f via cheatography.com/34643/cs/10851/

Beta-Adrenergic Blockers "-olol" (Antagonists)	PRIMARY USE
Slow heart rate and reduce BP	Reduce symptoms of HF
(Negative) inotropic effect	Slow progression of disease
Reduce workload of heart	(Metoprolol also approved for angina, HTN and reducing cardiac complications following an MI)
PROTOTYPE DRUG	
metropolol (Lopressor, Troprol XL)	NURSE'S ROLE
	MONITOR FOR:
ADVERSE EFFECTS	worsening symptoms
Fluid retention	liver function/hepatic toxicity
Worsening of HF	Be aware of contraindications:
Fatigue	(patients with cardiogenic shock, sinus bradycardia, heart block greater
Hypotension	than 1st degree, hypotension, and overt HF.)
Bradycardia	(Use with caution in patients with asthma and those with a hx of
Heart block	bronchospasm bc the drug may affect beta2 receptors at hgh doses.)
	PATIENT TEACHING:
MECHANISM OF ACTION	monitor BP
Block cardiac action of SNS to slow HR and BP, reducing workload of the heart	report pulse below 50
	report s/s of worseing HF
	do not stop taking abruptly

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Not published yet. Last updated 13th February, 2017. Page 1 of 1.

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