## New Baby Cheat Sheet

by SpaceDuck (SpaceDuck) via cheatography.com/4/cs/939/

# Cheatography

New Baby - C	lothing		
Item	Size	Quan- tity	l have it!
Sleepsuits	Newborn	6	
Sleepsuits	0-3 months	6	
Vests	Newborn	12	
Vests	0-3 months	12	
Day wear outfits	Newborn	3	
Day wear outfits	0-3 months	3	
Cardigans	Newborn	3	
Cardigans	0-3 months	3	
Socks	Newborn	3	
Socks	0-3 months	3	
Pram shoes	Newborn	3	
Pram shoes	0-3 months	3	
Hats	Newborn	2	
Hats	0-3 months	2	
Outdoor jacket	Newborn	1	
Outdoor jacket	0-3 months	1	
Blankets		3	
Swaddlers		3	
Sleeping bags	0-3	2	

New Baby - Bun	n and Bath	
Item	Quantity	l have it!
Baby bath or bath seat	1	
Wash cloths	7	
Baby towels	3	
Baby bubbles	1	
Baby shampoo	1	
Baby moistu- riser	1	
Barrier cream	2	
Nappy rash cream	2	
Nappies, size 1	2 packs	
Nappies size 2	1 pack	
Wipes	As many as you can afford	
Cotton wool	2 packs	
Nappy bin	1	
Nappy bin refils	As many as you can afford	
Nappy sacks	1 pack	
Nail scissors/- clippers	1	
Hairbr- ush/comb	1	
In ear thermo- meter	1	
Bath thermo- meter	1	
Muslins	20	
Bibs	10	

		New	Baby	-	Feeding	-	Breast
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New Baby - Feeding - Bre	-asi	
Item	Quan- tity	l have it!
Breast pads	1 large box	
Nipple cream	2	
	tubes	
In-bra milk capture cups	2	
Nursing pillow	1	
Nursing pillow covers	2	
Breast pump	1	
Freezer safe Milk	10	
storage pots/bags		
Tops suitable for nursing	3-5	
Bottles	4	
Steriliser	1	
Bottle brush	1	

New Baby - Feeding - Bot	tle	
Item	Quan tity	l have it!
Anti-colic bottles	6-8	
Bottle brush	1	
Bottle warmer or jug a bottle will fit in	1	
Steriliser	1	
Formula	2 packs	



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New Baby - Equipment	
Item	I have it!
Pushchair	
Infant Car seat	
Baby carrier/sling	
Change bag	
Rain cover	
Sunshade	
Room thermometer	
Bouncy chair/ swinging cradle	
Changing mat	
Nursery Monitor	
Dummies/Pacifiers	
Mobile	

New Baby - Furniture	
Item	l have
	it!
Moses basket and stand	
Cot or cot bed	
New mattress for cot/ moses	
basket	
Sheets for cot/moses basket	
Changing table	
Chest of drawers	
Wardrobe	
Storage box/cupboard for	
nappies etc	

New Baby - Mum		
Item	Quan tity	l have it!
Nursing/support bras	3-5	
Maternity knickers	10 pairs	
Bump support bands	3	
Maternity jeans	2	
Maternity trousers	2	
Maternity tops	5-10	
Maternity skirts	2	
Maternity dresses	2	
Maternity tights	3	
Maternity coat/jacket	1	
Support pillows	1-5	
Maternity sanitary pads	5 packs	
Haemorrhoid cream/sup- positories	2 packs	
Stool softeners	2 packs	

New Baby - Stuff you don't ne away!	eed straight
Item	I have it!
Highchair	
Stair gates	
Door bouncer	
Weening equipment	
Fire guards	
Socket plugs	
Appliance/cupboard locks	
Play mat	
Toy chest	

New Baby - Stuff you don't need away! (cont)	straight
Toys	
Books	
Teethers	
Toothbrush/ toothpaste	

New Baby - Reading List	
Title	Author
The Happiest Baby on the Block http://amzn.to/1evrxhw	Dr. Karp
The Best Friends Guide to Pregnancy: or Everything Your Doctor Won't Tell You http://am- zn.to/1evrxhw	Vicky Iovine
The Womanly Art of Breast- feeding http://amzn.to/1km7V4b	La Leche League Intern- ational
Secrets of the Baby Whisperer http://amzn.to/1IZOVLP	Traci Hogg
The Cook Book, The Red One http://amzn.to/1hff5nY	Ella's Kitchen
Bottled Up, How The Way We Feed Babies Has Come To Define Motherhood and Why It Shouldn't http://amzn.to/N9L8fN	Suzanne Barston
Kellymom, Breastfeeding Support llymom.com/	http://ke-

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