

## New Baby Cheat Sheet

by SpaceDuck (SpaceDuck) via cheatography.com/4/cs/939/

New Baby - 0	Clothing		
Item	Size	Quan- tity	I have it!
Sleepsuits	Newborn	6	
Sleepsuits	0-3 months	6	
Vests	Newborn	12	
Vests	0-3 months	12	
Day wear outfits	Newborn	3	
Day wear outfits	0-3 months	3	
Cardigans	Newborn	3	
Cardigans	0-3 months	3	
Socks	Newborn	3	
Socks	0-3 months	3	
Pram shoes	Newborn	3	
Pram shoes	0-3 months	3	
Hats	Newborn	2	
Hats	0-3 months	2	
Outdoor jacket	Newborn	1	
Outdoor jacket	0-3 months	1	
Blankets		3	
Swaddlers		3	
Sleeping	0-3	2	

New Baby - Bu	m and Bath	
Item	Quantity	I have it!
Baby bath or bath seat	1	
Wash cloths	7	
Baby towels	3	
Baby bubbles	1	
Baby shampoo	1	
Baby moistu- riser	1	
Barrier cream	2	
Nappy rash cream	2	
Nappies, size	2 packs	
Nappies size 2	1 pack	
Wipes	As many as you can afford	
Cotton wool	2 packs	
Nappy bin	1	
Nappy bin refils	As many as you can afford	
Nappy sacks	1 pack	
Nail scissors/- clippers	1	
Hairbr- ush/comb	1	
In ear thermo- meter	1	
Bath thermo- meter	1	
Muslins	20	
Bibs	10	

Item	Quan- tity	l have it!
Breast pads	1 large box	
Nipple cream	2 tubes	
In-bra milk capture cups	2	
Nursing pillow	1	
Nursing pillow covers	2	
Breast pump	1	
Freezer safe Milk storage pots/bags	10	
Tops suitable for nursing	3-5	
Bottles	4	
Steriliser	1	
Bottle brush	1	
New Baby - Feeding - Bo	ttle	
Item	Quan tity	I have it!
Anti-colic bottles	6-8	
Bottle brush	1	
Bottle warmer or jug a bottle will fit in	1	
Steriliser	1	
Formula	2 packs	



By **SpaceDuck** (SpaceDuck) cheatography.com/spaceduck/

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New Baby - Equipment	
Item	I have it!
Pushchair	
Infant Car seat	
Baby carrier/sling	
Change bag	
Rain cover	
Sunshade	
Room thermometer	
Bouncy chair/ swinging cradle	
Changing mat	
Nursery Monitor	
Dummies/Pacifiers	
Mobile	

New Baby - Furniture  Item I have it!  Moses basket and stand   Cot or cot bed   New mattress for cot/ moses basket  Sheets for cot/moses basket   Changing table   Chest of drawers   Wardrobe   Storage box/cupboard for nappies etc		
it!  Moses basket and stand  Cot or cot bed  New mattress for cot/ moses basket  Sheets for cot/moses basket  Changing table  Chest of drawers  Wardrobe  Storage box/cupboard for	New Baby - Furniture	
Cot or cot bed   New mattress for cot/ moses basket  Sheets for cot/moses basket  Changing table  Chest of drawers  Wardrobe  Storage box/cupboard for	Item	
New mattress for cot/ moses basket  Sheets for cot/moses basket  Changing table  Chest of drawers  Wardrobe  Storage box/cupboard for	Moses basket and stand	
basket  Sheets for cot/moses basket  Changing table  Chest of drawers  Wardrobe  Storage box/cupboard for	Cot or cot bed	
Changing table   Chest of drawers  Wardrobe  Storage box/cupboard for		
Chest of drawers  Wardrobe  Storage box/cupboard for	Sheets for cot/moses basket	
Wardrobe □ Storage box/cupboard for □	Changing table	
Storage box/cupboard for	Chest of drawers	
	Wardrobe	
	· ·	

New Baby - Mum		
Item	Quan tity	I have it!
Nursing/support bras	3-5	
Maternity knickers	10 pairs	
Bump support bands	3	
Maternity jeans	2	
Maternity trousers	2	
Maternity tops	5-10	
Maternity skirts	2	
Maternity dresses	2	
Maternity tights	3	
Maternity coat/jacket	1	
Support pillows	1-5	
Maternity sanitary pads	5 packs	
Haemorrhoid cream/sup- positories	2 packs	
Stool softeners	2 packs	

New Baby - Stuff you don't away!	need straight
Item	I have it!
Highchair	
Stair gates	
Door bouncer	
Weening equipment	
Fire guards	
Socket plugs	
Appliance/cupboard locks	
Play mat	
Toy chest	

New Baby - Stuff you don't need away! (cont)	d straight
Toys	П
Books	
Teethers	
Toothbrush/ toothpaste	
New Baby - Reading List	
Title	Author
The Happiest Baby on the Block http://amzn.to/1evrxhw	Dr. Karp
The Best Friends Guide to Pregnancy: or Everything Your Doctor Won't Tell You http://am-zn.to/1evrxhw	Vicky lovine
The Womanly Art of Breast- feeding http://amzn.to/1km7V4b	La Leche League Intern- ational
Secrets of the Baby Whisperer http://amzn.to/1IZOVLP	Traci Hogg
The Cook Book, The Red One http://amzn.to/1hff5nY	Ella's Kitchen
Bottled Up, How The Way We Feed Babies Has Come To Define Motherhood and Why It Shouldn't http://amzn.to/N9L8fN	Suzanne Barston

Kellymom, Breastfeeding Support http://ke-

llymom.com/



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