Cheatography

Memory Cheat Sheet by sophie_malby via cheatography.com/54176/cs/14543/

Multi-Store Model



Developed by Atkinson & Shiffrin as a cognitive explanation of memory. The model explains memory through biological means; explaining how information flows through a series of storage systems with three permanent structures in memory. Each stage differs in terms of coding, capacity and duration.

Sensory Register (SR)

The SR is not under cognitive control, but is an automatic response to the reception of sensory information by the sense organs and is the first storage system within the multi-store model. All information contained within LTM will have originally passed through the SR, though in an unprocessed form.

Echoic Store - Auditory Information Iconic Store - Visual Information Haptic Store -Tactile Information Gustatory Store - Taste Information **Olfactory Store - Smell Information**

The Sensory	Register	
Coding	Capacity	Duration

The Sensory Register (cont)

	y Register (C	,enty
Inform-	Capacity	All sensory
ation is	of each	memory stores
stored in	store is	have limited
a raw,	very	duration, though
unproc-	large,	the actual duration
essed	with the	of each store is not
form,	inform-	constant, with
with	ation	different types of
separate	cotained	information within
sensory	being in	each store
stores for	an	decaying at
different	unproc-	different rates.
sensory	essed,	Different sensory
input.	highly	stores have
	detailed	different capacities
	and ever	and there is some
	changing	evidence that
	format.	duration
		decreases with
		age.
Research	Research	Research by
by	by Sperli-	Treisman (1964)
Crowder	ng(1960)	
(1993)		

The Sensory Register (cont)

Found	Flashed a 3 x 4	Presented
SR only	grid of letters	identical
retains	onto a screen	auditory
inform-	for 1/20th of a	messages to
ation in	second, and	both ears of
the iconic	asked partic-	participants,
store for	ipants to recall	with a slight
a few	one row. He	delay
millis-	sounded	between
econds,	different	presentat-
but for	sounds to	ions. Partic-
two to	indicate which	ipants
three	row must be	noticed the
seconds	recalled. Recall	messages
within the	of letter in th	were
echoic	indicated row	identical if
store	was high,	the delay
which	which suggests	was 2
supports	all the inform-	seconds or
the idea	ation was	less,
of	originally there,	suggeting
sensory	indicating large	the echoic
inform-	capacity of the	store has a
ation	SR.	limited
being		duration of 2
coded		seconds.
into		
different		
sensory		
stores.		

Short Term Memory

STM temporarily stores information received from the SR. It is an active (changing) memory system, as it contains information currently being thought about. STM differs from LTM especially in terms of coding, capacity and duration and how information is forgotten.

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Published 30th January, 2018. Last updated 30th January, 2018. Page 1 of 3.

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Short Term Memory Capacity Duration Coding Information STM has The arrives limited amount of from the time capacity, as SR in its only a small information remains original amount of raw form, information is within the held in the STM such as in sound or without store. vision. and Research being lost is limited to a it is then indicates an encoded in average of 7 maximum +/- 2, though it of about 30 a form the seconds. STM can can be more increased by This can be easily deal chunking extended with. For where the size bv of the units of example rehearsal of information in the informone word storage is ation, which can be coded in increased by if done for giving them a three long ways: collective enough meaning i.e with result Semantically (by BBC/SOS/Ain the meaning), BC/FBI into 4 information chunks will Visually being and increase transferred Acoustcapacity to the LTM. ically Research by Research Research by Jacobs (1887) by Baddeley Peterson & (1966)Peterson

Short Term Memory	(cont)
onore ronning .	(00110)

Participants	Participants	Read
were	were	nonsense
presented with	presented	triagrams
1 of 4 lists	with increa-	to partic-
repeated 4	singly long	ipants,
times. The lists	lists of	then got
were either	numbers or	them to
acoustically	letter	count
similar words,	followed by	backwards
acoustically	recall.	in 3's for
dissimilar	When	varying
words,	participants	periods of
semantically	fail on 50%	time to
similar or	of the tasks,	prevent
semantically	they were	rehearsal.
dissimilar.	judged to	They
They were the	have	found 90%
asked to	reached	correct
arrange the	capacity.	recall after
words in the	Jacobs	3 seconds,
correct order.	found	but only
Acoustically	capacity for	5% after
similar words	numbers	18
were recalled	was 9 items	seconds
the worst at	and letters	which
10%. Recall of	was 7. This	suggests
other lists was	shows that	STM
between 60 to	capacity is	duration is
80%. This	limited, and	around 20
suggests there	that	to 30
can be	numbers	seconds.
acoustic	are easier	
confusion	to recall	
which	perhaps	
suggests STM	because	
is coded on an	there are	
acoustic basis.	only 9.	

Long Term Memory

LTM involves storing information over lengthy periods of time, indeed for a whole lifetime, with information to be stored for longer than 30 seconds counting as LTM. All information in the LTM will have originally passed through the SR and STM, though may have undergone different forms of processing during the process. Research indicates that there are several different types of LTM, and the LTMs are not of equal strength. Strong LTMs can be retrieved easily, but weaker LTMs may require more prompting. LTMs are not passive (unchanging) - over time they may change or merge with other LTMs. This is why memories aren't necessarily constant or accurate. There are several explanations for forgetting from the LTM. The process of shaping and storing LTMs is spread through multiple brain areas..

Coding Capacity Duration	Long Term N	lemory	
County Capacity Duration	Coding	Capacity	Duration

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Long Term Mer	nory (cont)		Long Term	Memory (cont)
Coding of	The	Depends on	Gave	Estimated	Showed 400
information	Potential	an individuals	partic-	the	participants
will be	Capacity	lifespan, as	ipants 16	number of	aged between
stronger (and	of the	memories can	drawings	possible	17 and 74 a set
thus the	LTM is	last for a	in 4	neuronal	of photos and a
memory more	unlimited.	lifetime. Items	categorie-	connec-	list of names,
retrievable)	Inform-	in LTM have a	s,i.e.	tions in the	some of which
the deeper	ation	longer	animals,	human	were ex-school
the level of	may be	duration if	differing in	brain is 1	friends and
processing of	lost due	originally well	visual	followed	asked them to
a stimulus	to decay	coded and	orient-	by 10.5	identify which
that occurs	and	certain LTMs	ation, like	million	ones were ex-
while it is	interf-	have a longer	angle of	kilometres	school friends.
being experi-	erence,	duration, like	viewing	of zeros.	Those who'd left
enced. With	but such	those based	perspe-	He	high school in
Verbal	losses	on skills rather	ctive. The	concluded	the last 15 years
Material,	don't	than facts.	order of	'no human	identified 90% of
coding in	occur	Materials in	recall	yet exists	the faces and
LTM is mainly	due to	STM that isn't	suggested	who can	names, while
semantic	limitation	rehearsed is	partic-	use all the	those who'd left
though	of	quickly	ipants	potential	48 years
coding occurs	capacity.	forgotten, but	used	of their	previously
in other forms		information in	visual and	brain',	identified 80% of
too including		the LTM does	semantic	suggesting	names and 70%
visual and		not have to be	coding,	the	of pictures,
acoustic		continually	giving	capacity of	suggesting
		rehearsed to	supporting	LTM is	memory for
		be retained.	evidence	limitless	faces is long
Research by	Research	Research by	for both		lasting
Frost (1972)	by	Bahrick et al	forms of		
	Anokhin	(1975)	coding.		
	(1973)	(/			

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