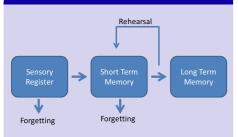
Cheatography

Memory Cheat Sheet by sophie_malby via cheatography.com/54176/cs/14543/

Multi-Store Model



Developed by Atkinson & Shiffrin as a cognitive explanation of memory. The model explains memory through biological means; explaining how information flows through a series of storage systems with three permanent structures in memory. Each stage differs in terms of coding, capacity and duration.

Sensory Register (SR)

The SR is not under cognitive control, but is an automatic response to the reception of sensory information by the sense organs and is the first storage system within the multi-store model. All information contained within LTM will have originally passed through the SR, though in an unprocessed form. Echoic Store - Auditory Information Iconic Store - Visual Information Haptic Store -Tactile Information Gustatory Store - Taste Information Olfactory Store - Smell Information

The Sensory Register

Capacity

Coding

Duration



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The Sensory Register (cont)

Informatio n is stored in a raw, unproces	Capacity of each store is very large, with the	All sensory memory stores have limited duration, though the actual duration of each store is not
sed form, with separate sensory stores for different sensory input.	informatio n cotained being in an unproces sed, highly detailed and ever changing format.	constant, with different types of information within each store decaying at different rates. Different sensory stores have different capacities and there is some evidence that duration decreases with age.
Research by Crowder (1993)	Research by Sperling(1960)	Research by Treisman (1964)

The Sensory Register (cont)

Found SR	Flashed a 3 x 4
only	grid of letters
retains	onto a screen
information	for 1/20th of a
in the	second, and
iconic	asked
store for a	participants to
few	recall one row.
millisecond	He sounded
s, but for	different sounds
two to	to indicate which
three	row must be
seconds	recalled. Recall
within the	of letter in th
echoic	indicated row
store	was high, which
which	suggests all the
supports	information was
the idea of	originally there,
sensory	indicating large
information	capacity of the
being	SR.
coded into	
different	
sensory	
stores.	

Presented identical auditory messages to both ears of participants, with a slight delay between presentations. Participants noticed the messages were identical if the delay was 2 seconds or less. suggeting the echoic store has a limited duration of 2 seconds.

Short Term Memory

STM temporarily stores information received from the SR. It is an active (changing) memory system, as it contains information currently being thought about. STM differs from LTM especially in terms of coding, capacity and duration and how information is forgotten.

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Short Term Memory

Coding	Capacity	Duration
Coding Information arrives from the SR in its original raw form, such as in sound or vision, and it is then encoded in a form the STM can more easily deal with. For example one word can be coded in three ways: Semantically	Capacity STM has limited capacity, as only a small amount of information is held in the store. Research indicates an average of 7 +/- 2, though it can be increased by chunking - where the size of the units of information in storage is increased by giving them a collective meaning i.e BBC/SOS/ABC/F	Duration The amount of time information remains within the STM without being lost is limited to a maximum of about 30 seconds. This can be extended by rehearsal of the information, which if done for long enough with result in the
(by meaning), Visually and Acoustically	BI into 4 chunks will increase capacity	information being transferred to the LTM.
Research by Baddeley (1966)	Research by Jacobs (1887)	Research by Peterson & Peterson

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Short Term Memory (cont)

Participants	Participants	Read
were presented	were	nonsense
with 1 of 4 lists	presented	triagrams
repeated 4	with	to
times. The lists	increasingly	participant
were either	long lists of	s, then got
acoustically	numbers or	them to
similar words,	letter followed	count
acoustically	by recall.	backwards
dissimilar words.	When	in 3's for
semantically	participants	varying
similar or	fail on 50% of	periods of
semantically	the tasks.	time to
dissimilar. They	they were	prevent
were the asked	judged to	rehearsal.
to arrange the	have reached	They
words in the	capacity.	found 90%
correct order.	Jacobs found	correct
Acoustically	capacity for	recall after
similar words	numbers was	3 seconds,
were recalled the	9 items and	but only
worst at 10%.	letters was 7.	5% after
Recall of other	This shows	18
lists was	that capacity	seconds
between 60 to	is limited, and	which
80%. This	that numbers	suggests
suggests there	are easier to	STM
can be acoustic	recall	duration is
confusion which	perhaps	around 20
suggests STM is	because	to 30
coded on an	there are only	seconds.
acoustic basis.	9.	

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Long Term Memory

LTM involves storing information over lengthy periods of time, indeed for a whole lifetime, with information to be stored for longer than 30 seconds counting as LTM. All information in the LTM will have originally passed through the SR and STM, though may have undergone different forms of processing during the process. Research indicates that there are several different types of LTM, and the LTMs are not of equal strength. Strong LTMs can be retrieved easily, but weaker LTMs may require more prompting. LTMs are not passive (unchanging) - over time they may change or merge with other LTMs. This is why memories aren't necessarily constant or accurate. There are several explanations for forgetting from the LTM. The process of shaping and storing LTMs is spread through multiple brain areas..

Long Term I	Memory		
Coding	Capacity	Duration	

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Long Term Memory (cont)		Long Term Memory (cont)				
Coding of	The	Depends on an		Gave	Estimated	Showed 400
information will	Potential	individuals		participants	the	participants aged
be stronger	Capacity	lifespan, as		16	number of	between 17 and 74
(and thus the	of the	memories can		drawings	possible	a set of photos and
memory more	LTM is	last for a lifetime.		in 4	neuronal	a list of names,
retrievable) the	unlimited.	Items in LTM		categories,i	connection	some of which
deeper the	Informatio	have a longer		.e.	s in the	were ex-school
level of	n may be	duration if		animals,	human	friends and asked
processing of	lost due	originally well		differing in	brain is 1	them to identify
a stimulus that	to decay	coded and		visual	followed	which ones were
occurs while it	and	certain LTMs		orientation,	by 10.5	ex-school friends.
is being	interferen	have a longer		like angle	million	Those who'd left
experienced.	ce, but	duration, like		of viewing	kilometres	high school in the
With Verbal	such	those based on		perspective	of zeros.	last 15 years
Material,	losses	skills rather than		. The order	He	identified 90% of
coding in LTM	don't	facts. Materials		of recall	concluded	the faces and
is mainly	occur	in STM that isn't		suggested	'no human	names, while those
semantic	due to	rehearsed is		participants	yet exists	who'd left 48 years
though coding	limitation	quickly forgotten,		used	who can	previously identified
occurs in other	of	but information in		visual and	use all the	80% of names and
forms too	capacity.	the LTM does		semantic	potential of	70% of pictures,
including visual		not have to be		coding,	their	suggesting memory
and acoustic		continually		giving	brain',	for faces is long
		rehearsed to be		supporting	suggesting	lasting
		retained.		evidence	the	
Research by	Research	Research by		for both	capacity of	
Frost (1972)	by	Bahrick et al		forms of	LTM is	
	Anokhin	(1975)		coding.	limitless	
	(1973)					

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