Cheatography

Pupils + EOM Cheat Sheet by Siffi (Siffi) via cheatography.com/122609/cs/22856/

Eye muscles + movements		
Muscles	Nerve Supply	Action
Superior Rectus	Ш	Up & out
Medial Rectus	Ш	Medial
Inferior Rectus	Ш	Down & Out
Inferior Oblique	Ш	Up & in
Superior Oblique	IV	Down & In
Lateral Rectus	VI	Lateral
Sphincter pupillae	Parasympathetic	Constricts pupil
Dilator pupillae	Sympathetic	Dilates pupil

Pathway - Constriction:

Bright Light

Afferent impulse to optic nerve

Midbrain @ superior colliculus

2nd order neuron to Edinger-Westphal nucleus on same & opposite side

Posterior commisure

Efferent fibres leave in occulomotor nerve

Cillary Ganglion

Constrictor fibres

Pathological/medical causes of constriction:

Sympathetic dysfunction, Argyll Robertson, Horner's syndrome

Pathway - Dilation:

Sympathetic fibres from ipsilateral hypothalamus

Lateral aspect of BS to spinal cord

Travels through anterior roots of C8, T1 - Enters sympathetic chain

Superior Cx ganglion - postganglionic fibres

Ascends through wall of ICA

Enters and leaves cranium

Cillary ganglion to iris

Joins CNIII, V1

Pathological/medical causes of dilation:

Migraine, OCP, anticholinergenic drugs, antidepressants, NSAIDs, antihistamines, Holmes Adie pupil, parasympathetic dysfunction

Anisocoria

Unequal pupil sizes (normal size should be 2-6mm)

Abnormal pupil is the one which does not react to light/darkness

Larger pupil in bright light/Small pupil in darkness

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Ptosis (eyelid drooping)

Look at:

Scleral injection (sympathetic dysfunction dilates vessels)

Angle of medial and lateral canthus (decreased in drooping)

Larger gap between the folds of the eye

Obscured Iris

Is the eyebrow drooping instead?

How much of eye is drooping? Sympathetic - partial, CN III - Complete

Argyll Robertson Pupil

Damage to periaqueductal area @ midbrain (neurosyphilis, midbrain lesion, diabetics, alcoholic neuropathies)

Small, irregular pupils

unresponsive to light, reactive to accommodation (efferent)

If accommodation + convergence failed - think parkinsons/tumour of the pineal region

Holmes-Adie/Tonic Pupil

Degeneration of nerve cells in the ciliary ganglion

Affects females more

More likely to be unilateral

If associated with loss of knee jerks, impairment of sweating = Holmes-Adie Syndrome

Dilation of pupil causes mistiness/blurred vision/eye pain in bright light

S&S

Slow/no reaction to direct + consensual light

Slow pupillary reaction constriction with accommodation

Slow dilation occurs with relaxed accommodation

Reacts to pilocarpine (constricts pupil)

Horner's Syndrome

Interruption of the sympathetic chain Causing: Ptosis, miosis, anhydrosis

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Cx sympathetic chain	Carcinoma at apex of lung (Pancoast tumo	bur)
ICA	Trauma, occulsation, dissection (causes ar	nhydrosis)
Middle Fossa	Tumour, granuloma	
Anterior Roots of C8-T1	Tumour, lower plexus palsy	
Cx	Tumour, syringomyelia	
BS	Tumour, vascular causes, syringobulbia	
Can occur at:		
oudoing. Filosio, micolo, unitydrosio		

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Lesions:	
Where	S&S
Canverneous sinus	Horners + CN VI, V, IV abnormality
Postcx ganglion on right	Right runk, Right Arm + leg, face and eye
Pre cx ganglion on right	Spare right leg, effects right arm, face and eyes
Descending pathways on right (hypothalamus - spinal cord)	Trunk and lower limb, arm + face on right side

Marcus Gunn

AKA - Relative afferent pupil defect (RAPD)

Swinging light test - pupils dilate when bright light is swung from affected eye to unaffected eye, pupil constriction normal in unaffected eye

Causes

Lesion of optic nerve Glaucoma MS

Severe retinal disease



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