

### Mother

What are her worries?

What does she think?

Quote her verbatim

Understand her idiom

Ask her to define her terms

Start with "tell me about your baby"

### Features of a history

Identifying data

Chief complaint

Birth History & Pre natal history

Sleeping patterns and positions

Feeding and elimination history

Innoculations

Health history and family health

Older sibling/family problems

### Qs to ask

When does it occur?

How long has he had it?

Can you describe it?

What bring it on?

Does anything relieve it?

What makes it worse?

Pattern and periodicity?

Associated symptoms?

What does he do when he has it?

What have you done about it?

Clue words:

"doesn't like bread/biscuits" = gluten intolerance

"He loves salt" - losing salt?

"He's hungry after being sick." = mechanical vomiting - pyloric stenosis, GORD

### Mother's health

**Conception** Natural/assisted?

**Illness:** Infections, diabetes, vomiting, bleeding, eclampsia, pre-eclampsia, toxoemia, anaemia, excess weight gain, back pain

**Injuries** Accidental/On purpose?

**Smoking?**

### Birth details

Place of birth

Interventions

Type of delivery

Analgesia

38-42 weeks is normal

Birth weight

Birth height

Head circumference



### Additional questions

How long was the first/second stage?	Home birth, hospital birth, midwife?
Vaginal, planned c-section, emergency?	Delivery? Position?

### Childhood illnesses:

Coughs + colds, oral thrush, skin rashes, sticky eyes, ear problems, breathing difficulties, bronchiolitis, asthma, constipation, diarrhoea, chickenpox

### Nutritional health

Introduced solids?	If regurgitation = how frequent? What colour?
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### Health

Less than 6 wet nappies per day

**Immunisations:** 8 weeks, pneumococcal, rotavirus, MenB

12Weeks, 6 in 1 - rotavirus 16weeks, 6 in 1: pneumococcal, MenB

1 year: MMR, Hib/MenC, pneumococcal, MenB

### Development

6 weeks	Smiling
3 months	Head Steady
7 months	Sits unaided
9 months	Standing unsupported
11 months	Crawling
12 months	2 or 3 recognisable words



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