

Common indications

Back/neck Pain	Other MSK problems
Anxiety/stress	ADHD
Insomnia	

CAM therapies

Children with pain

Biological based (most common)	Manipulative therapies and body based therapies (most common)
Manipulative therapies	Biological based therapies
Mind body therapies	Alternative medicine
Alternative medical systems	Mind - Body therapies

Most common CAM in Europe = Homeopathy, Acupuncture + Alternative medicine

Most common CAM in UK = Herbal Medicine, Homeopathy + Aromatherapy

CAM decision Table

		Effective?	
		YES	NO
Safe?	YES	USE	TOLERATE
	NO	MONITOR	AVOID

Chiropractic & Paeds

Chiropractic care is a parent based decision for their child

Referral Rates:

Shared care is the norm - GP, medical practitioners

>5 years - 5.6% referred from health care professional to clinic

Majority attend because of MSK conditions, excessive crying + neurological conditions

<5 years 18.3 % referred from health prof to clinic

<2 months - 68% referred from health prof to clinic

Common age group seen in the clinic: 0-6 months old



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