

CAM in Paediatrics Cheat Sheet

by Siffi (Siffi) via cheatography.com/122609/cs/22894/

Common indications

Back/neck Pain Other MSK problems

Anxiety/stress ADHD

Insomnia

CAM therapies

Ortifi diciapios				
	Children with pain			
Biological based (most common)	ical based (most common) Manipulative therapies and body based therapies (most common)			
Manipulative therapies	Biological based therapies			
Mind body therapies	Alternative medicine			
Alternative medical systems	Mind - Body therapies			
Most common CAM in Furone = Homeonathy, Acupuncture + Alternative medicine				

Most common CAM in Europe = Homeopathy, Acupuncture + Alternative medicine
Most common CAM in UK = Herbal Medicine, Homeopathy + Aromatherapy

CAM decision Table

		Effectiv	re?
Safe?		YES	NO
	YES	USE	TOLERATE
	NO	MONITOR	AVOID

Chi	roprac	tic &	Paeds

Chiropractic care is a parent based decision for their child	Referral Rates:
Shared care is the norm - GP, medical practitioners	>5 years - 5.6% refered from health care professional to clinic
Majority attend because of MSK conditions, excessive crying + neurological conditions	<5 years 18.3 % referred from health prof to clinic
	<2 months - 68% referred from health prof to clinic

Common age group seen in the clinic: 0-6 months old



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