Help

:help string	Help for given string
:helpgrep pattern	Help for given regents pattern
:cnext	Next occurance
:cnfile	Next file occurance
:cprev	Previous occurance
:cpfile	Previous file occurance

Scripting

:ab	Sets abbreviation for insert mode and commands
:cabbrev	Sets abbreviation for command line only
:iabbrev	Sets abbreviation for insert mode only
:ab <expr> foo vimscript()	Calls any vimscript command as expansion of foo
<CTRL-]>	Expands abbreviation w/out non keyword character