Hot Keys

Ctrl+Shift= T	Target Tab
Crtl+Shift+P	Proxy Tab
Crtl+Shift+I	Intruder Tab
Crtl+Shift+R	Repeater Tab
Crtl+R	Send to Repeater
Crtl+I	Send to Intruder

Additional Hot Keys

Crtl+Shift=U	URL Decode Selection
Crtl+U	URL encode selection
Crtl+F	Forward Intercepted Proxy

Basic Edits

Cut	Ctrl+X
Copy	Ctrl+C
Paste	Ctrl+V
Undo	Ctrl+Z
Redo	Ctrl+Y
Select all	Ctrl+A
Search	Ctrl+S

Burp Suite Tools

Scanner	Auto scans websites for vulnerabilties.
Repeater	Reissues http requests again and again.
Intruder	Allows customized auto attacks as well as testing the tasks.
Comparer	Performs visual comparisons of app data to find differences.
Decoder	Transforms bits of app data with the use of common encoding and decoding schemes.
Clickbandit	Generates clickjacking exploits which goes against vulnerable applications

Extensions

HTTP Request Smuggler	created by burpsuite to help launch http request smuggling attacks
Retire.js	Searches for outdated Javascript
Software Vulnerability Scanner	Looks at software version numbers with vulnhub.com for there vulnerabilities

These extensions help to discovery vulnerabilities. They allow you to use pen testing skills to do the research to find the vulnerabilities