Cheatography

Bronchodilator Cheat Sheet by rjcsntg via cheatography.com/126624/cs/24575/

B-Agonists

sympathomimetic bronchodilator

for acute attacks

reduce airway constriction and restore normal airflow

Stimulate β2-adrenergic receptors throughout the lungs

3 types	
Nonselective (a, B1, B2)	epinephrine; acute
	longer acting
Nonselective B-adre- nergic (B1, B2)	isoproterenol
Selective (B2)	salbutamol

Mechanism of Action

activation of B2 receptors > activates cAMP

 \rightarrow bronchodilation and \clubsuit airflow

Indications

bronchospasms (asthma, bronchitis, other pulmonary disease)

hypotension and shock

uterine relaxation (prevent premature labour)

hyperkalemia (K⁺ into the cell)

contraindications

known drug allergy

uncontrolled cardiac dysrhythmias

risk of stroke (vasoconstrictive action)

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Adverse Effects

Nonselective (a, B1, B2) Epinephrine	insomnia, restlessness, anorexia (long term), headache, hyperglycemia , tremor , cardiac stim.
Nonselective B-adrenergic (B1, B2) isoprotere- nol	cardiac stim., tremor , anginal pain, headache, hypotension
Selective (B2) albuter- ol/salbut- amol	hypotension/hypertensi- on, tremor, headache

Interactions

♠ risk for hypertension

risk for cardiac toxicity

require an adjustment to antihyperglycemic drugs

Anticholinergic Drugs

-pium ipratropium (Atrovent) tiotropium (Spriva)

Mechanism of Action

ACh causes bronchial constriction and narrowing of airways bind to ACh receptors ACh to receptors slow and prolonged bronchoconstriction

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Adverse Effects

dry mouth or throat
nasal congestion
heart palpitations
GI distress
headache
coughing
anxiety

Xanthine Derivatives (Methylxanthine)

natural xanthines: alkaloids, caffeine, theobromine, and theophylline theophylline only used a bronchodilator synthethic: aminophylline (phyllocontin) & oxtriphylline

Mechanism of Action

↑ cAMP by ↓ phosphodiesterase (enzyme that breaks down cAMP) SM relaxation, bronchodilation,

Drug Effects

 \bigstar contractility, \bigstar HR \rightarrow \bigstar CO & blood flow to kidney

stimulate cardio and CNS system

Indications

asthma, chronic bronchitis, & emphysema (COPD) mild to moderate cases of acute asthma adjunct drug for COPD

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Contraindications

known drug allergy

uncontrolled cardiac dysrhythmias

seizure disorders

hyperthyroidism

peptic ulcers

Adverse Effects

nausea, vomiting, anorexia

GI reflux during sleep

tachycardia, extra systole, palpitations, ventricular dysrhythmias

transient **↑** urination

Interactions

not used often due to many drug interactions

Several drugs increase serum levels of xanthine derivatives

used with sympathomimetics can increase \P and CNS stimulation

St. John's wort and cigarette smoking enhance rate of metabolism

charcoal broiling & keto diet \clubsuit xanthine effect



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