

Commonly Prescribed For...		Precautions & Contraindications	
Nasal Congestion	Common Colds	Nasal Mucosal Infections	
Allergies		Drug Allergies	
Indications		Side Effects	
Mechanism Of Action - Adrenics & Steroids		Assessments	
<p>Adrenergic Decongestants: Also known as sympathomimetics. α-adrenergic drugs stimulate the blood vessels of the upper respiratory tract in the nasal sinuses to constrict. This allows the nasal secretions to better drain from the swollen mucous membranes.</p> <p>Steroid Decongestants: Reduce the inflammatory symptoms caused by invading organisms by inhibiting cells involved in the inflammatory response.</p>			
Generic & Trade Names		Nursing Diagnosis	
Adrenergic			
Oxymetazoline Hydrochloride	Claritin®, Dristan®, Drixoral®, Sinufrin®, Vicks®	Intranasal (0.05%)	
Steroids		Implementation	
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Anticholinergic		Patient Education	
Ipratropium Bromide	Atrovent®		
Drug Stem Names		Evaluation/Desired Outcomes	
Interactions		Additional Notes	
Drug	Increase		
Systemic Sympathomimetic	Effects of sympathomimetic nasal decongestants (Drug Toxicity)		
Monoamine Oxidase Inhibitors (MOAIs)	Additive pressure effects of sympathomimetic nasal decongestants	References	
Methyldopa			
Urinary Acidifiers			
Alkalinizers			

