

Commonly Prescribed For...

Non-Productive Cough

Mechanism Of Action - Opiod & Non-Opiod

Opiod: Act on the CNS (medulla) in the cough center to suppress cough. This drug also dries the mucosa of the respiratory tract which reduces symptoms of runny nose and postnasal drip. Opiods also provide analgesic effects.

Non-Opiod: Acts the same way as an opioid sans CNS depression and analgesic effects.

Generic & Trade Names

Drug	Trade	Route
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Opiod

Codeine		solutions, tablets, capsules, suspensions
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Hydrocodone bitartrate

Non-Opiod

Dextromethorphan		lozenges, solutions, capsules, granules, caplets, chewables, tablets, syrup
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Antihistamine

Diphenhydramine

Interactions

Increase

CNS Depressants	The effects of opioid antitussives
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Side Effects

Opiods:	Sedation	Vomiting	Nausea
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Constipation	Lightheadedness
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Non-Opiods:	Dizziness	Nausea	Sedation
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Drowsiness	Dry Mouth
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Precautions & Contraindications

Respiratory Depression	Opiod Dependency	Drug Allergy
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Addison's Disease	Alcohol	BPH
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Increased ICP	CNS Depressants	Anoxia
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Hi serum CO2 levels	Hypercapnia	COPD
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Advanced Heart Disease*	Hyperthyroidism*	Hypertension*
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Glaucoma*	MAOI*
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*Non-Opiods such as dextromethorphan.

Assessments

Nursing Diagnosis

Implementation

Patient Education

Evaluation/Desired Outcomes

Additional Notes

References

