## Framing and composition

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|---|---|
| Composition: what is in the frame and where it's located. | |
| Rule of thirds | |
| Leading lines | Use the natural lines of the environment to draw the viewer's eye where you want them to look |
| Balance | |
| Head room | Make some space for the main subject's head in an interview |
| Looking room | Make some space in the direction the subject is looking at |
| Symmetry | |
| Depth | Can be achieved by opening up your camera's aperture and blurring the background. Also by making physical distance between the subject and background, like not shooting right in front of a wall. |
| Framing | Finding artificial frames like windows, boxes, furniture creates interesting depth, gates, stairways. |

## Credits

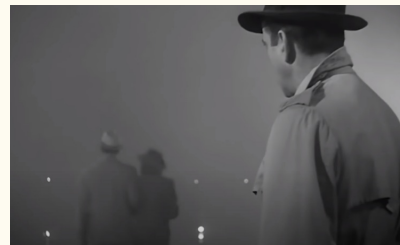"7 Rules of Cinematic Framing and Composition" by Kellan Reck
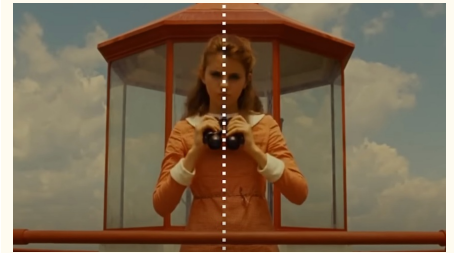
## Rule of thirds



## Balance



## Depth



## Leading lines



## Symmetry



## Framing