Modes

Command Mode	The editor begins in command mode, where the cursor movement and text deletion and pasting occur.
Insertion Mode	Begins upon entering an insertion or change command. **[ESC]** returns the editor to command mode

Quitting

:x	Exit, saving changes
:y	Exit as long as there have been no changes
ZZ	Exit and save changes if any have been made
:q!	Exit and ignore any changes

Inserting Text

i	Insert before cursor
I	Insert before line
a	Append after cursor
A	Append after line
o	Open a new line after current line
O	Open a new line before current line
r	Replace one character
R	Replace many characters

Motion

h	
j	
k	
l	
w	
W	
b	
B	
e	
E	
(	
)	
{	
}	
0	
$	
1G	
G	
nG	Move to nth line of the file
:n	Move to nth line of the file
fc	Move forward to c
Fc	Move back to c
H	Move to top of screen
M	Move to middle of screen
L	Move to botton of screen
%	Move to associated ( ), { }, [ ]