

Infection Control and Asepsis NU Cheat Sheet by rach15 via cheatography.com/127377/cs/24785/

| Chain of Infection | | Don and doff | | types of infection | | Stage of Illness | |
|---|--|--|--------------------------------------|--|------------------------|----------------------|---|
| Infectious agent | | don | doff | Local | Systemic | Incubation Period | asymptomatic |
| | | gown | gloves | erythema | fever | | |
| Chain of Infection | | mask | eyewear | warmth | lymphaden- | Prodromal | Immune system |
| infectious agent | Microorganisms | eyewear | gown | | opathy | Period | becomes activated |
| | | gloves | mask | edema | fatigue | Period of | rash and other symptoms starts-pecific to the |
| reservoir | where the pathogens multiply | Contact Pred | cautions | pain | bacteremia/s- epsis | Illness | |
| portal of exit | how an infectious agent leave a reservoir (GI or respiratory tract) | multidrug resistant | MRSA VRE | VRE purulent exudate | hypotension* | Period of Conval- | disease process recovery |
| | | organisms | Б | Purulent exudate: fluid that leaks | | escnce | |
| transm- conta ission airbo | Direct and indirect | RSV skin infections | Respiratory | from inflamed cells Hypotension is a result of sepsis | | airborne precautions | |
| | contact droplet (D), airborne, vehicle born, vector born (I) | wound infections | | d/t shock | | | pt wears |
| | | enteric | C diff | Droplet Precautions | | negative pressure | surgical mask |
| portal of | opening in skin | infections | infections | | scarlet fever | | outside of room |
| entry | | eye infections | | strep | | room | gown gloves |
| host | on genetics and other factors such as age, nutrition, disease, and stress | varicellis zoster | specifically when it causes shingles | parvovirus | fifth disease | 116 | gown gloves and N95 |
| | | | | influenza | | Measles | |
| | | cutaneous | when it affects | diphtheria | infects respiratory | SARS | |
| | | diphtheria | only skin | | tract | small pox | |
| Virulence: how able is it to produce disease zoonosis: transmission from a vertebrate animal to a human Fomites: inanimate non-living objects (paper) | | herpes simple | ex | epiglotitis | | chickenpox | |
| | | imeptigo | crusty pustule around mouth | rubella | german measles | ТВ | |
| | | | | mumps | | | |
| | | pediculosis | lice. Wear hair cap | meningitis | | Lab Values | |
| | | | | mycoplasm | a pneumonia | neutrophils | 55-70% |
| | | If a pt is placed on contact precautions, the correct PPE is gown and gloves. all surfaces are considered contaminated. no paper in or out of the room | | droplets must be 5-10 microns range is 3 feet wear gloves and a surgical mask pt must wear surgical mask outside of room | | lymphocytes | 20-40% |
| | | | | | | monocytes | 2-8% |
| | | | | | | eosinophils | 1-4% |
| | | | | | | basophils | 0.5-1% |



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