Motions

Ctrl+f	Move forward one page
Ctrl+b	Move backward one page
Ctrl+d	Move down half page
Ctrl+u	Move up half page
H	Move within screen top line (Home)
M	Move within screen middle line (Middle)
L	Move within screen last line (Last)
{	Paragraph back
}	Paragraph forward

Edit

Swap lines	ddp

Scroll

Ctrl+y	Scroll one line up
Ctrl+e	Scroll one line down
zz	Scroll screen for cursor in middle
zt	Scroll screen for cursor on top line
zb	Scroll screen for cursor on bottom line

Navigation

Ctrl+]	Goto declaration
Ctrl+o	Move back
50gg	Go to line 50