History Taking

systematic gathering of patient information	
purpose	build trust
	identify problem
	guides care
skills needed	professional
	interpersonal
	interviewing
phases of interview	Introductory
	Working
	Termination

Communications

Nonverbal Communications	Appearance	professional look
	Demeanor	calm, composed
	Facial expression	neautral, attentive
	Attitude	respectful
	Silence	
Verbal Communication	Open-ended question	broad; patient explains
	Close-ended question	short; specific (yes/no)

Barriers of Communication

Distractions	phone, multitasking
Too much/little eye contact	
Standing over patient	feels superios
Too friendly	loss of professionalism

Components of Health History

Biographical Data	basic personal information	
	used in case studies	
	use initials to protect privacy of patient	
Clinical Data	reason for seeking care	*chief complaint, date of admission, vital signs, ward, final diagnosis, attending physician (initials), upon admission*

Components of Health History (cont)

Present Health History	aspects of health problem	
	detailed description of concern	*symptoms, treatments, precipitating factor, expectation*
Past Health History	from birth to current age of patient	
	past illnesses/hospitalizations	
	medications/vaccines taken	
	health remedies, health management, clinics, usual medication and maintenance	
Family History (Genogram)	include as many genetic relatives as client can recall	
	include generations of maternal and paternal lineage	
	include vices	
	include diseases and deceased	
	genogram ends at patient generation	
Psychosocial History		
Lifestyle & Health Practices	nutrition, exercise, sleep	
	substance use	*specify quantity and name*
Review of Systems	head-to-toe review, system to system	
	focus on subjective symptoms	

COLDSPA - character, onset, location, duration, severity, pattern, associative factors
always start when onset of sickness started
signs and symptoms over sickness duration
how sickness progressed in the hospital
where patient was admitted
always put sickness if its related to present condition

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