

[PRECLIN] Health History Taking Cheat Sheet by _primoooooo via cheatography.com/215471/cs/46953/

History Taking		
systematic gathering of patient information		
purpose	build trust	
	identify problem	
	guides care	
skills needed	professional	
	interpersonal	
	interviewing	
phases of interview	Introductory	
	Working	
	Termination	

Communications		
Nonverbal Communications	Appearance	professional look
	Demeanor	calm, composed
	Facial expression	neautral, attentive
	Attitude	respectful
	Silence	
Verbal Communication	Open-ended question	broad; patient explains
	Close-ended question	short; specific (yes/no)

Barriers of Communication	
Distractions	phone, multitasking
Too much/little eye contact	
Standing over patient	feels superios
Too friendly	loss of professionalism

Components of Health History				
Biogra phical Data	basic personal information			
	used in case studies			
	use initials to protect privacy of patient			
Clinical Data	reason for seeking care	chief complaint, date of admission, vital signs, ward, final diagnosis, attending physician (initi- als), upon admission		

aspects of health problem		
detailed descri- ption of concern	symptoms, treatments, precip- itating factor, expectation	
from birth to current age of patient		
past illnesses/hospitalizations		
medications/vaccines taken		
health remedies, health management, clinics, usual medication and maintenance		
include as many genetic relatives as client can recall		
include generations of maternal and paternal lineage		
include vices		
include diseases and deceased		
genogram ends at	patient generation	
story		
nutrition, exercise,	sleep	
substance use	specify quantity and name	
head-to-toe review	r, system to system	
focus on subjective	e symptoms	
rs n onset of sickness oms over sickness o ogressed in the hosp	duration Dital	
	detailed description of concern from birth to currer past illnesses/hosp medications/vaccir health remedies, h usual medication a include as many grecall include generation lineage include vices include diseases a genogram ends at story nutrition, exercise, substance use head-to-toe review focus on subjective racter, onset, locations in onset of sickness ons over sickness of gressed in the hosp is admitted	



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