

History Taking

systematic gathering of patient information

purpose build trust

identify problem

guides care

skills needed professional

interpersonal

interviewing

phases of interview Introductory

Working

Termination

Communications

Nonverbal Communication Appearance professional look

Demeanor calm, composed

Facial expression neutral, attentive

Attitude respectful

Silence

Verbal Communication Open-ended question broad; patient explains

Close-ended question short; specific (yes/no)

Barriers of Communication

Distractions phone, multitasking

Too much/little eye contact

Standing over patient feels superior

Too friendly loss of professionalism

Components of Health History

Biographical Data basic personal information

used in case studies

use initials to protect privacy of patient

Clinical Data reason for seeking care chief complaint, date of admission, vital signs, ward, final diagnosis, attending physician (initials), upon admission

Components of Health History (cont)

Present Health History aspects of health problem

detailed description of concern symptoms, treatments, precipitating factor, expectation

Past Health History from birth to current age of patient

past illnesses/hospitalizations

medications/vaccines taken

health remedies, health management, clinics, usual medication and maintenance

Family History (Genogram) include as many genetic relatives as client can recall

include generations of maternal and paternal lineage

include vices

include diseases and deceased

genogram ends at patient generation

Psychosocial History

Lifestyle & Health Practices nutrition, exercise, sleep

substance use specify quantity and name

Review of Systems head-to-toe review, system to system

focus on subjective symptoms

COLDSPA - character, onset, location, duration, severity, pattern, associative factors
always start when onset of sickness started
signs and symptoms over sickness duration
how sickness progressed in the hospital
where patient was admitted
always put sickness if its related to present condition



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