

Holy Eucharist Catechesis

Holy Eucharist a meal

christ's presence (ends when reading ends/when sin is committed)

source and summit of all Christian life and worship

celebrate presence of Christ

4 Ways Christ is Present in Eucharist

- 1) through the word
- 2) priest
- 3) people of god
- 4) consecrated bread and wine

Ways to Show Reverence

- 1) active participation
- 2) bow/genuflect
- 3) receive communion properly

Catechism on Eucharist and Mass of the Holy Spirit

Catechism summary of the principles of faith

Mass of the Holy Spirit to guide, inspire, and bless those gathered

often held at the start of the year

Holy Spirit paraclete & advocate = guide, companion

Symbols of the Holy Spirit

Fire pentecost

Dove baptism, part of God's family

symbolizes hope

Gifts of the Holy Spirit

Wisdom insight and discernment abt God's will

Understanding deeper comprehension abt spiritual truths

Counsel offer advice with divine insight

Fortitude courage to continue doing fulfilling things

endure challenges in times of hardship

Knowledge deep awareness of God's fruits

apply learnings to daily life

Piety leads to have respect for God (wanting to pray)

Fear of the Lord afraid to harm those you love

Sacrament of the Holy Spirit

- sacred activity
- efficacious signs of grace -> brings holiness, necessary for salvation
- instituted by Christ
- visible right
- tells us who God is

Ignatian Maxims

Tantum Quantum "so much as, in as much as, in so far as"

use god's creation for good

Non Multa Sed Multum "not many but much"

quality over quantity

little things with great love > great things with little love

Cura Personalis "care for the whole person"

call to love ourselves and others

Ite "go, set the world on fire"

Inflamate Omnia

flames burn the weeds, refiner's fire purifies gold

Ad Majorem Dei Gloriam "For the Greater Glory of God"

not just do good things, but do them for the right reasons

Christian View of Vocation

Vocation how one is called to serve god in the world, through baptism & confirmation

holistic approach to life, work, and service-intertwined with faith & values

Ignatian Spirituality vocation rooted in charity & doing

past will not hinder from becoming good



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Gaudete et Exsultate

"Rejoice and be Glad"

-Apostolic **Exhortation** of Pope Francis

-main message: universal call to holiness (leads to justice) in our contemporary world

1) Do through sincerity and love. No holiness in need to do extraordinary everyday means ("non multa, sed actions multum")

2) Beatitude as roadmap for holiness

3) Joy & person of holiness is marked Hope by joy & hope. must bring fulfillment

Philosophy

to have a deeper understanding of the truth ethics, thought, existence, time, meaning, and value

Philosophical Enterprise 1) discipline of questioning

- wanting to know, wonder
- is there something that underlies the appearance of things

2) discipline of liberation

- brings to freedom which only knowledge can bring (liberation from unknowing)

Philosophy (cont)

3) discipline of personhood

- individual persons do philosophizing
- philosophizing = human act
- humans = reflective beings
- insatiable desire to seek the truth

Branches of Philosophy

-to harmonize sciences to understand human mind and the world

Metaphysics explores fundamental nature of reality

Epistemology nature of knowledge, belief, and justification

(1) is it justifiable?

(2) is it true?

(3) is it the belief of the people?

Ethics deals with human actions questions about morality

Logic deals with principles of reasoning and argumentation to distinguish between valid and invalid

Phenomenology study of conscious experience

subjective perception

seeks to have a universal experience

Phenomenology

-a method of philo.

-studies various types of experience

Steps to Phenomenology (1) Bracketing (epochē) suspension of judgement, prejudice

we have different perspectives on reality

(2) Eidetic Reduction relate essential parts and relate to other experiences

(3) Phenomenological Reduction focus on thoughts and feelings

finding core of experiences

Aim of Philosophy to better understand ourselves, how we impact the world and society

first stage of wisdom, knowledge, and understanding



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