

Airway and Breathing	
Respiratory Rate	12-20 breaths min <sup>-1</sup>
SpO <sub>2</sub>	> 94% in healthy patients 88-92% in patients with ARDS, COPD, etc.
End-Tidal CO <sub>2</sub>	4-5.7kPa or 35-40 mmHg

  

Disability and Exposure	
Temperature	36-38°C
Blood Glucose	3.9 to 5.5 mmol/L

  

Circulation	
Heart Rate	60-100 beats min <sup>-1</sup>
Capillary Refill	> 2 seconds - Dehydration > 3 seconds - Investigate Further
Blood Pressure	90/60-120/80 mmHg

  

Arterial Blood Gas	
pH	7.35-7.45
PaO <sub>2</sub>	10-14 kPa
PaCO <sub>2</sub>	4.5-6 kPa
Base excess	-2 - 2 mmol/L
HCO <sub>3</sub>	22-26 mmol/L
Lactate	0.6-1.8 mmol/L



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Not published yet.  
Last updated 6th February, 2025.  
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