Navigation

Go to parent directory	Backspace
New Tab	Ctrl+T
Close Tab	Ctrl+W
Jump to next tab	Ctrl+TAB
Alt+Left/Right	Go to previous/next dir already visited
Open dir under cursor in new tab	Ctrl+Up
Open dir under cursor in new tab (other side)	Ctrl+Shift+Up
Open History	Alt+down
Switch between panels	TAB
Send selected dir to other panel	Ctrl+Left/Right

Commands

See files only (Including subfolder)	Ctrl+B
Swap panels	Ctrl+U
Quick View	Ctrl+Q

Display

Icon View	Ctrl+F1
Details View	Ctrl+F2
Show all files	Ctrl+F10
Filter by extension	Ctrl+F12