

Psychology -- Learning & Memory Cheat Sheet by nananaoo via cheatography.com/145954/cs/31512/

TYPES OF	LEARNING
perceptual learning	aspects of our perception change bc of experience
implicit learning	acquire information without intent that we cannot easily express
	implicit memory
nonassociat	ive learning
	habituation
	sensitization
classical co	nditioning
operant con	ditioning
latent learning	ng
observ- ational learning	ex. Bandura
state-depen	dent learning
MEMORY	

MEMORY		
sensory intake		
sensory regulation	takes less than 1 second to filter what's important	
stm	"working memory" 7+/-2 chunks	
ltm	can retain info for years	
	implicit	
	procedural	
	explicit	
	declarative	
	semantic	
	episodic	

UNCONDITIONE) EFFECT
neutral stimulus	no effect
unconditioned	leads to an automatic
stimulus	response
unconditioned resp	oonse
ex.	

CLASSICAL CC	NDITIONING	
stimulus generalization	tendency for the condit- ioned stimulus to evoke similar responses	dog running to owner after hearing whistle
higher order conditioning	neutral stimulus + conditioned stimulus = conditioned response	dog salivating when hearing a bell
extinction and spontaneous recovery	originally acquired response and learning of the spatial relationship	
ex. Little Albert (Watson) → conditioned effect, stimulus, & response	emotional reactions could be classically conditioned in people	white rat paired with noise

FORGETING
decay
replacement
interference
amnesia
CONDITIONED EFFECT

stimulus

conditioned stimulus
conditioned response
ex.
OPERANT CONDITIONING
reinforcement (pos & neg)
punishment
reinforcement schedule
continuous reinforcement

fixed/variable ration fixed/variable interval fixed/variable time



By nanana00

cheatography.com/nanana00/

Published 12th April, 2022. Last updated 12th April, 2022. Page 1 of 1. Sponsored by CrosswordCheats.com Learn to solve cryptic crosswords! http://crosswordcheats.com