Cheatography

Psychology -- Learning & Memory Cheat Sheet by nananaoo via cheatography.com/145954/cs/31512/

TYPES OF I	EARNING			
perceptual learning	aspects of our perception change bc of experience			
implicit learning	acquire information without intent that we cannot easily express			
	implicit memory			
nonassociative learning				
	habituation			
	sensitization			
classical conditioning				
operant conditioning				
latent learnir	ng			
observ- ational learning	ex. Bandura			
state-dependent learning				
MEMORY				

. . .

sensory intake		
sensory regulation	takes less than 1 second to filter what's important	
stm	"working memory" 7+/-2 chunks	
ltm	can retain info for years	
	implicit	
	procedural	
	explicit	
	declarative	
	semantic	
	episodic	

UNCONDITIONE	ED EFFECT	
neutral stimulus	no effect	
unconditioned stimulus	leads to an au response	tomatic
unconditioned re	sponse	
ex.		
CLASSICAL CO	NDITIONING	
stimulus generalization	tendency for the condit- ioned stimulus to evoke similar responses	dog running to owner after hearing whistle
higher order conditioning	neutral stimulus + conditioned stimulus = conditioned response	dog salivating when hearing a bell
extinction and spontaneous recovery	originally acquire response and lea the spatial relation	arning of
ex. Little Albert (Watson) → conditioned effect, stimulus, & response	emotional reactions could be classically conditioned in people	white rat paired with noise

FORGETING		
decay		
replacement		
interference		
amnesia		
CONDITIONED EFFECT		
stimulus		
conditioned stimulus		
conditioned response		
ex.		
OPERANT CONDITIONING		
reinforcement (pos & neg)		
punishment		
reinforcement schedule		
	continuous reinforcement	
	fixed/variable ration	
fixed/variable interval		
fixed/variable time		

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