

prefix	
CTRL-a	prefix
Buffers	
#	list buffers
=	choose buffer
]	paste buffer
tmux-resurrect	
CTRL-s	Save session
CTRL-r	Reload last session
Miscellaneous	
X	confirm before killing session
R	reload tmux configuration
?	list keys
t	show clock
:	enter command mode
window actions	
c	create new window
,	rename window
0-9	select window 0-9
w	choose window interactively
f	prompt for search in current window
	split window vertically <i>mod</i>
-	split window horizontally <i>mod</i>
<i>mod</i> means these shortcuts are modified in tmux.conf	

navigate panes and windows vim-like	
h	select left pane
j	select down pane
k	select upper pane
l	select right pane
CTRL-h	select previous window
CTRL-l	select next window
Customized shortcuts	
pane actions	
CTRL-o	rotate panes forwards
ALT-o	rotate panes backwards
!	break the current pane out of the window
;	move to the previously active pane
o	select next pane
q	display pane indexes
m	mark current pane
M	clear the marked pane
x	kill current pane
{	swap pane with the previous pane
}	swap pane with the next pane
ALT-1 to ALT-5	arrange panes in preset layout
CTRL-Arrow	Resize pane in arrow direction by 1
z	toggle zoom

Copy mode vi	
[enter copy mode
q	quit copy mode
Space	begin selection
Enter	copy selection and cancel
V	select line
W	next space
v	rectangle toggle
Mainly works like selecting text in vi	
client	
(switch to previous client
)	switch to next client
CTRL-z	suspend client
d	detach client
r	refresh client
choose-client	open a pane into client mode
s	open a pane to show sessions