

### Mild ( Pain score 1-3)

|                                                 |                                     |
|-------------------------------------------------|-------------------------------------|
| Regular                                         | PRN (as needed)                     |
| No medication or<br>Paracetamol (PCM) 1g<br>QID | PCM &/or NSAID<br>or COX2 inhibitor |

### Moderate (Pain 4-6) score

|                                             |                                                                  |
|---------------------------------------------|------------------------------------------------------------------|
| Regular                                     | PRN (as needed)                                                  |
| Opioid<br>Tramadol 50-<br>100mg TDS-<br>QID | Additional Tramadol 50-<br>100mg (Max total dose:4-<br>00mg/day) |

+ - PCM 1g QID

+ - NSAID/COX2 inhibitor

### Severe (Pain score 7-10)

|                                                                                                  |                                                                                      |
|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| Regular                                                                                          | PRN (as needed)                                                                      |
| IV/SC Morphine 5-<br>10mg 4H or Aqueous<br>Morphine 5-10mg 4H<br>or IR Oxycodone 5-<br>10mg 4-6H | IV/SC Morphine 5-<br>10mg or Aqueous<br>Morphine 5-10mg<br>or IR Oxycodone<br>5-10mg |

+ - PCM 1g QID

+ - NSAID/COX2 inhibitor



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