

Hx: Jaundice Cheat Sheet by med_panda via cheatography.com/184394/cs/39112/

PC		
Type of Jaundice	Urine	Stool
Prehepatic	Normal	Normal
Hepatic	Dark	Normal
Post hepatic/ Obstructive/ Cholestatic	Dark	Pale

- Note the Age of the patient:
- > Young: Newborns/Neonatal jaundice
- > Middle ages/ Elderly
- > Female: Pregnancy (HELLP Syndrome: (hemolysis, elevated liver enzyme levels, and low platelet levels))

HPC

- When did this start? How long has it been?
- Did this start suddenly or gradually?
- Did you notice this or someone else?
- Where was it noticed first? On your eyes or skin?
- Do you notice your pee or poop changing color? more darker or poop more pale?
- Do you have any skin itching? (obstructive jaundice)
- Do you have tummy pain? Do you feel more warmer (fever)? Do you feel generally weak? (consider ascending cholangitis)
- Do you notice your clothes being bigger, like yuve lost weight?

Paed Hx

- What is the mother and child's individual blood type
- Did the mother have any infection during pregnancy? (TORCH, strep infection) sore throat, skin sores
- Difficulty in delivery (cephalhematoma)
- Feeding- number of times/day, newborns every 2 hrs
- Activity of child at birth

HDA

Many drugs can cause jaundice such as:

- > Flucloxacillin, Augmentin, Isoniazid, rifampicin(TB), Oral contraceptive pill, Steroids, Paracetamol (overdose), Herbal meds
- Any allergies?

FH

- Any illnesses that run in the family?
- Jaundice/maternal risk factors for viral jaundice
- Has any one in your family ever been told by a doctor to have cancer of their tummy organs
- Does anyone in your family or community have similar problems?

SH

- Are you married? Do you have children?
- Do you have any partners? Do you practice safe sex by using condoms {ensure}?
- What do you do for work?
- > Health care workers: needle stick injury
- > Sewage workers: Leptospirosis
- Do you smoke?
- Do you drink alcohol?
- Do you use any IV needle drugs
- Did you recently travel anywhere around the country or overseas?

NOTE

Be able to

- > Determine the type of jaundice
- > Most likely cause
- > Provide justification



By med_panda

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