## Introduction

- Introduce yourself
- Confirm name, DOB, address, ethnicity
- Ensure patient is comfortable
- Explain that you are going to ask some questions regarding their tummy getting better
- Assure confidentiality
- OBTAIN CONSENT
- Begin

## HPC

- When did it start? (acute/chronic)
- Do you know what caused it?
- Is the swelling all around or only a certain area of the tummy?
- Was it sudden or gradual?
- Is your tummy soft, firm or hard?
- Have you noticed any changes of the skin on your tummy? getting lighter, darker, thin blue lines, thick blue lines?
- Is this the first time this has happened?
- Does anything make it worse? Standing?
- Does anything make it better? Passing toilet? vomiting? position- Lying on your side?

## Associated symptoms

- Fever
- Pain
- Weight changes
- Yellow eyes, skin, palms of hands, soles of feet
- Farting alot
- Nausea, vomiting (feeling like vomiting)
- Shortness of breath
- Females (last normal mensus)

## PH

- Have you had similar problems in the past?
- Have you ever been admitted to hospital?
- Any surgeries?- Long standing diseases -> liver, heart, depression?

## FH

- Parents and siblings have similar problems?
- Any history of cancer in the family?

## HDA

- Are you currently taking any medications
- Have you done anything to treat your tummy?

## SH

- Are you married?
- What do you do for work?
- Do you smoke?
- Do you drink alcohol?
- Do you drink kava?
- Do you do any recreational drugs? ( ensure )
- What does your diet usually consist of? (low fibre?)
- Do you work out?

## Possible causes

- PUD
- Diarrhea- ileus
- Liver problem
- Bowel obstruction
- Spinal cord injury (urinary retention/constipation)
- Vomiting
- Age related(child vs adult)
- Gender ( female vs male)

A patient may present with abdominal pain, vomiting and abdominal distension and you will have to ask questions related to each specific symptom.
Attempt to generate hypotheses with justifications.

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