

### Identity & Philosophy

**Identity Statement:** the primary care professional for spinal health and well-being.

**Chiropractic:** a philosophy, science, and art of all things natural; a system of adjusting the segments of the spinal column by hand only, for the correction of the cause of disease.

**The Nervous System:** recognized as an avenue for these self-regulating processes.

**Subluxation:** is the central area of interest in chiropractic; most favored term.

**Adjustment:** most commonly used term.

**3-Legged Stool:** philosophy, science, & art.

**Philosophy:** works through deductive reasoning, integrates knowledge through wisdom, & determines objectives.

**Science:** uses inductive reasoning & provides methods, processes, and mechanisms to accomplish objectives.

**Art:** is a skillful action; the technique of adjusting, producing recoil of forces.

### Before Chiropractic

<b>Imhotep:</b> known as the "Great Physician" that took care of the body & mind. 3000 B.C.	<b>Samuel Hahnemann:</b> father of homeopathy.
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### Before Chiropractic (cont)

<b>Panacea:</b> goddess of healing cures.	<b>Franz Mesmer:</b> father of magnetic healing.
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<b>Hygieia:</b> goddess of disease prevention.	<b>Sylvester Graham:</b> predicted that the human body would naturally keep itself healthy; medicine was seen as "making things worse."
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<b>Greece:</b> the heart of medical models of practice.	<b>A.T. Still:</b> father of osteopathy and called "The Lightning Bonesetter."
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<b>Aesclepius:</b> Greek physician with a staff of 2 snakes that became the symbol of healing for medical professions.	<b>Kirksville, MO:</b> first school of osteopathy.
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<b>Vedas:</b> historical writings that outlined medical concepts.	<b>Osteopathic Medicine:</b> treat the whole person, not just the symptoms.
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### Before Chiropractic (cont)

<b>Hippocrates:</b> the "father of modern medicine."	<b>Naturopathy:</b> therapy that relies on natural remedies to treat illness.
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**Galen:** physician and philosopher that did experiments on the nervous system and dissected & experimented on lower animals; regarded anatomy as the foundation of medical knowledge.

**Samuel Thomson:** believed that cold brought on illness and restoring the body's natural heat offered the quickest remedy.

### After Chiropractic

**Solon Langworthy:** father of therapeutic approach to chiropractic; founded American School of Chiropractic and Nature Cure (Palmer's Rival).

**Oakley Smith:** one of the first licensed chiropractors & founder of Chicago College of Naprapathy.

**Minora Paxson:** known as the first woman chiropractor.

**Thomas Story:** experimented with the first adjusting instrument known as a wooden chisel and mallet.

**William Seeley:** the 1st Palmer Graduate.

**D.D. Palmer:** the discoverer.

**B.J. Palmer:** the developer.

**David Palmer:** the educator.

### Health Care Professions

**Healing Professions:** Western(Traditional), Eastern(non-traditional), CAMS(complimentary and alternative medical studies).

**Limited Profession:** restrict practices to part of the human body.

**Unlimited Professions:** practitioner without restrictions in responsibility/authority with scope of practice in caring for their patients.

**Quasi Professions:** use methods that cannot be validated. "Faith Healers"

**Marginal Professions:** claim to use all therapies except drugs and surgery.

### Chiropractic History

**1895:** the year the first adjustment was performed on Harvey Lillard.

**1897:** D.D. Palmer opened Palmer School of Chiropractic (PSC).

**1905:** B.J. Palmer assumed leadership and development of the profession.

**1910:** D.D. Palmer published "The Chiropractor's Adjuster." B.J. Palmer introduced x-ray into the curriculum of PSC.

**1913:** Kansas became the first state to license chiropractors.



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