Window

Refresh current window	Win+Shift+R
Move window to master area	Win+Home
Focus next window	Alt+Tab
Focus previous window	Alt+Shift+Tab
Shrink (Resize -)	Win+Alt+h
Expand (Resize +)	Win+Alt+l
Increment Master Area	Win+Alt++
Decrement Master Area	Win+Alt+-

Function Keys

launch dmenu	Alt+F2 / Win+d
close window	Alt+F4
launch xterm	Alt+F5
launch file manager	Alt+F6
launch browser	Alt+F7
launch GVIM	Alt+F8
restart Xmonad	Ctrl+F12
exit Xmonad	Ctrl+Shift+F12

Workspace

Switch to workspace 1...10	Win+F1...F10
Move to workspace	Win+Shift+F1...F10
Switch to Previous workspace	Win+a
Switch to Next workspace	Win+s
Move window to Previous workspace	Win+Shift+a
Move window to Next workspace	Win+Shift+s
Switch to physical/Xinerama screens 1, 2 or 3	Win+Alt+w/e/r
Cycle layouts	Win+Space

Mouse

Swap window	Alt+button4/button5

floating windows only:

Move window	Alt+button1
Resize window	Alt+button3
Dock window	Alt+button2

Utils

Screensaver	Ctrl-Shift-s

SubTabbed Layouts

Merge window in a direction	Win+Ctrl+h/j/k/l - Win+Ctrl+left/up/down/right
Merge all windows	Win+Control+m
Unmerge all windows	Win+Control+Shift+m
Unmerge focused windows	Win-+Control+u
Focus next window	Win+h/j/k/l
Swap next window	Win+h/j/k/l