Cheatography

Time Conversion Cheat Sheet

by maniajack via cheatography.com/23497/cs/5199/

24-hour to 12-hour

00:00	12:00 am (start of day)
01:00	1:00 am
02:00	2:00 am
03:00	3:00 am
04:00	4:00 am
05:00	5:00 am
06:00	6:00 am
07:00	7:00 am
08:00	8:00 am
09:00	9:00 am
10:00	10:00 am
11:00	11:00 am
12:00	12:00 pm
13:00	1:00 pm
14:00	2:00 pm
15:00	3:00 pm
16:00	4:00 pm
17:00	5:00 pm
18:00	6:00 pm
19:00	7:00 pm
20:00	8:00 pm
21:00	9:00 pm
22:00	10:00 pm
23:00	11:00 pm
24:00	12:00 am (end of day)

US Time Zone Conversion

Pacific	Mountain	Central	Eastern
4:00 am	5:00 am	6:00 am	7:00 am
5:00 am	6:00 am	7:00 am	8:00 am
6:00 am	7:00 am	8:00 am	9:00 am
7:00 am	8:00 am	9:00 am	10:00 am
8:00 am	9:00 am	10:00 am	11:00 am
9:00 am	10:00 am	11:00 am	12:00 pm
10:00 am	11:00 am	12:00 pm	1:00 pm
11:00 am	12:00 pm	1:00 pm	2:00 pm
12:00 pm	1:00 pm	2:00 pm	3:00 pm
1:00 pm	2:00 pm	3:00 pm	4:00 pm

US Time Zone Conversion (cont)

2:00 pm	3:00 pm	4:00 pm	5:00 pm
3:00 pm	4:00 pm	5:00 pm	6:00 pm
4:00 pm	5:00 pm	6:00 pm	7:00 pm
5:00 pm	6:00 pm	7:00 pm	8:00 pm
6:00 pm	7:00 pm	8:00 pm	9:00 pm
7:00 pm	8:00 pm	9:00 pm	10:00 pm
8:00 pm	9:00 pm	10:00 pm	11:00 pm

CST <-> UTC

12:00 am	5:00 am
1:00 am	6:00 am
2:00 am	7:00 am
3:00 am	8:00 am
4:00 am	9:00 am
5:00 am	10:00 am
6:00 am	11:00 am
7:00 am	12:00 pm
8:00 am	1:00 pm
9:00 am	2:00 pm
10:00 am	3:00 pm
11:00 am	4:00 pm
12:00 pm	5:00 pm
1:00 pm	6:00 pm
2:00 pm	7:00 pm
3:00 pm	8:00 pm
4:00 pm	9:00 pm
5:00 pm	10:00 pm
6:00 pm	11:00 pm
7:00 pm	12:00 am
8:00 pm	1:00 am
9:00 pm	2:00 am
10:00 pm	3:00 am
11:00 pm	4:00 am

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