

STIs Cheat Sheet

by Lindsaymc8 via cheatography.com/201009/cs/43230/

Bacterial Vaginosis (BV)

Reduction in lactobacilli causes an increase in Gardnerella vaginalis

Malodorous discharge worsened with sex

Positive whiff-amine test - fishy odor of vaginal discharge w KOH

Clue Cells

Metrondiazole 500 mg PO BID x7d

Tinidazole 2 g PO qd for 2d

BOTH pregnancy safe

Recurrent BV ...rule out HIV

Vitamin D 1,000 to 2,000 IU daily

Chlamydia

Most asymptomatic in men & women

Most common in pt's younger than 25 yo

Serious sequelae ...PID, ectopic pregnancy, infertility, pelvic pain

cervical motion tenderness mucopurulent cervicitis friable cervix

retest all pts 3 months after abx NAAT most sensitive {{NI}} POC testing

Doxycyline 100 mg PO BID x7d Levofloxacin 500 mg PO qd x7d Azithromycin 1 g



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