

# Introduction to Psychology Cheat Sheet by Lilie (Lilie M) via cheatography.com/167328/cs/35002/

#### Psychology

#### Psychology

It is the study of behavior, soul, and mental process.

# Four Goals of Psychology

Describe - It means that we are looking to the phenomena that we are seeing.

Explain - Explaining what it means or what the phenomena means.

Predict - To know what happens next after seeing that phenomena.

Control - After seeing and knowing the phenomena, we will control the behavior.

# **Biological Perspective**

Nervous System - Network of specialized cells that carry information.

Neuroscience - Deals with structure and functions of neurons.

Neurons - Particularly cells, receives and sends messages with systems.

#### PARTS OF NEURONS

Dendrites - It receives the messages from other neurons.

Soma - It is the cell body.

Axons- It carries the neutral message of the

Glial Cells - It provide support from other cells, deliver nutrients to neurons, and produce myelin to coat axons.

Myelin - It is the fatty substance and clean up waste. Also it speed up the neural impulse.

Nerves - It travels together through the body.

Resting Potential - It is firing of neural impulse.

Action Potential - It is release of neural impulse.

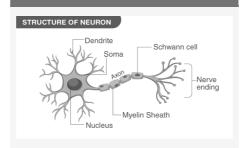
Neuron Communication - Sending messages to the cell.

# **Biological Perspective (cont)**

Axon Terminals - It is the branch at the end of the Axon.

Sypnatic Knobs - It is round areas on the end of axon terminals.

### Structure of Neuron



Retrieved from: https://byjus.com/biology/n-eurons/



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