

# Cheatography

## Pulm II: Pleural Diseases Cheat Sheet

by ksellybelly via cheatography.com/19318/cs/2378/

### Pneumothorax

#### Definition

The accumulation of air in the pleural space

#### Etiology

spontaneous (primary pneumothorax), traumatic, or iatrogenic

#### Tension PTX

Secondary to a sucking chest wound or pulmonary laceration that allows air to enter the chest with inspiration but doesn't allow air to leave on expiration

#### Clinical features

Acute onset ipsilateral chest pain and dyspnea, hyper resonance, diminished breath sounds, mediastinal shift to contralateral side (with tension PTX)

#### Treatment--severely symptomatic/large PTX

Chest tube

#### Treatment--Tension PTX

\*Medical emergency. Large bore needle insertion then chest tube following decompression

Tension PTX Buzzwords: Stab wound to chest. Hypotension, tracheal shift

Spontaneous PTX Buzzwords: Tall, skinny, male, band student, acute onset one-sided chest pain, dyspnea

### Pleural Effusion (cont)

#### Gold standard diagnostic

Thoracentesis: fluid sent for protein, LDH, pH, WBC w/ diff, glucose, cytology, Gram stain w/ culture/sensitivity

#### Criteria to determine transudate vs. exudate

Light's Criteria (fluid is exudate if any apply)

### Light's Criteria (cont'd)

1) Pleural fluid protein to serum protein ratio	>0.5	Exudative
2) Pleural fluid LDH to serum LDH	>0.6	Exudative
3) Pleural fluid LDH > upper 2/3 of normal serum LDH		Exudative

### Pleural Effusion

#### Definition

The accumulation of significant volumes of pleural fluid (25% from malignancy)

#### 1. Exudates

"Leaky capillaries" (infix, malignancy, trauma)

#### 2. Transudates

"Intact capillaries", associated with increased hydrostatic or decreased oncotic pressures (CHF, atelectasis, renal disease, liver disease/cirrhosis)

#### 3. Empyema

Infection within the pleural space

#### 4. Hemothorax

Bleeding into the pleural space (trauma, malignancy)

#### Clinical features

Dyspnea, dull-to-flat percussion over area of fluid, mediastinum shifted away from side of large effusion (often asymptomatic though)



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