

## Cystic Fibrosis (Obstructive) Cheat Sheet by xkissmekatex (kissmekate) via cheatography.com/33594/cs/10527/

## **Cystic Fibrosis**

Pathophysi ology

• Autosomal recessive
predominantly in white patients.
Defect in chloride channel
protein causes impaired chloride
and water transport, which leads to
excessively thick, vicious
secretions in the respiratory tract,
exocrine pancreas, sweat glands,
GI, and GU tracts.

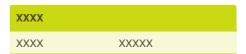
• Prognosis has improved with the median age of death now >30.

Treatment

 Pancreatic enzyme replacement, fat-soluble vitamin supplements, chest PT, vaccinations (influenza and pneumococcal), antibiotics for infections, inhaled recombinant human deoxyribonuclease (rhDNAse) breaks does the DNA in respiratory mucus that clogs airways.

Symptoms

 Results in obstructive lung disease with chronic infections (frequently Pseudomonas), pancreatic insufficiency, and other GI complications.





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