

Ask Yourself...

Is there substantial evidence for my thought?

Is there evidence *contrary* to my thought?

Am I attempting to interpret this situation without all the evidence?

What would a friend think about this situation?

If I look at the situation positively, how is it different?

Will this matter a year from now? How about five years from now?

C

By **kflores**
cheatography.com/kflores/

Published 18th December, 2017.
Last updated 18th December, 2017.
Page 1 of 1.

Sponsored by **ApolloPad.com**
Everyone has a novel in them. Finish Yours!
<https://apollopad.com>